



Since 2008 the LCOS family has been asked to donate new pillows to the Brenda Strafford Foundation. This translates roughly to **1000 pillows** collected and donated over the past 12 years. So much generosity towards families in great need—thank you!

Prayers

Prayers Chain Ministry is always ready to receive prayer requests. Information is kept strictly confidential. Contact Linda Joehnck at 403 279-3770, or the office.



Place your healing strength on:

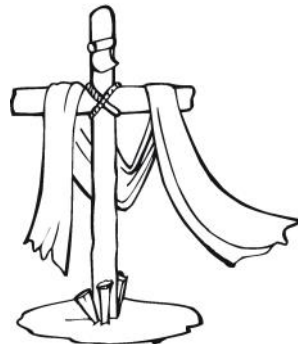
- | | |
|-------------------|-----------------|
| Bonnie Barton | Elaine Koop |
| Renee Barton | Dan Nemez |
| Susan Brick | Karen Nordgaard |
| Margaret Brown | Susan Welz |
| Doreen Cordingley | |

A young woman in need of prayer...

We remember those in care centres or “shut-in” at home, including:

- | | | |
|---------------|------------------|----------------|
| Tom Bergman | Alexa Nernberg | Anne Sands |
| John Claussen | Robert Ohlhauser | Brenda Scott |
| Irene Dekowny | Betty Oldis | Willy Singbeil |
| Alma Krueger | Betty Sabo | Kelly Williams |
| Caroline Lutz | Andrew Sands | |

Remind us often Lord, when we are feeling proud, arrogant, beyond reproach, pleased with ourselves, self sufficient in our ways, that for such as us and better and worse you walked a road that took you to a cruel cross, and rose again to show us where we might look for rescue as from this lofty perch we fall.



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Administration & Congregational Care

Our Mission...We are an inviting and growing Christian presence, with a passion for living and sharing Jesus Christ.

Our Vision...To be a Christ-centered community that Equips Disciples to Make Disciples.

If you are a visitor, during the time of offering, we have no financial expectations of you. Following the service you are invited for coffee and fellowship. We would be blessed to have you share in worship with us again.



Sunday, March 1, 2020
9:00 & 11:00 am
Lent 1



Welcome/Announcements

Confession and Absolution

Gathering Songs

“Come Now is the Time to Worship”

“Trading My Sorrows”

Children’s Story

God’s Word: Mark 10: 17-31 NLT

Message: Fresh Start: Forgiveness is Not Fair

“You Are My King (Amazing Love)”

Ministry Moment: Board Announcement

“We Are the Church”

Offering and Prayers

The Lord’s Prayer and the Lord’s Supper

“He is Able”

“Holy Holy, Holy Holy”

“Undivided Heart”

“I Sing Praises to Your Name”

“Eat This Bread”

Blessing and Sending

“Amazing Grace (My Chains are Gone)”

Today:

You are invited to join us for a family Lenten craft today at 10:00—All are welcome!

All believers are welcome to join in **Holy Communion** this morning. Please indicate to the server if you wish to have grape juice rather than wine. A gluten-free wafer option is also available.

Upcoming:

March 7th 11:30 am The Board of LCOS would like to invite you to a 'meet and greet' potluck luncheon at the Church to meet the pastoral candidate and his wife before the Call Meeting vote on the 8th.

March 8th All voting members of LCOS are asked to attend a special congregational meeting after the 11:00 am service to vote on the recommendation to accept the pastoral candidate.

We are looking for an organizer/leader for VBS this summer. Please contact the church office for details. More to follow.

Vacation Bible School

THE **Brenda**
Strafford
CENTRE

Pile of New Pillows

100 new pillows needed
for the Brenda Strafford Centre



Bring your brand new pillow to LCOS by Easter Sunday, April 12th.

What is the Brenda Strafford Centre?
A safe place in Calgary for abused women & children.

For sanitary reasons, every family at the Brenda Strafford Centre receives new pillows when they arrive. When they leave they take those pillows with them.

Contact the Church Office for more details.

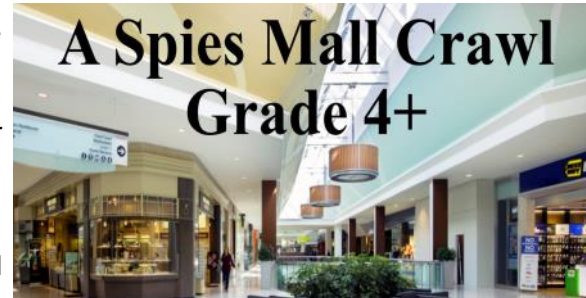
Rather than filling Lenten bags (as we've done in previous years) we have been asked to collect the following items to be distributed to families at no cost.

- Combs & Hair Brushes
- Shampoo & Cream Rinse
- Hairspray
- Tooth Brushes & Toothpaste
- Hand & Body Lotion
- Deodorant
- Wash Cloths & Hand Towels
- Baby Wipes
- Dish Soap
- Mr. Clean
- Etc...

Please drop off items by April 12th.

Saturday, March 7 at 6:00 pm— A Spies Mall Crawl

Youth (Grade 4+) are invited to join us at Southcentre Mall as the search begins for LCOS leaders dressed in costume, hiding throughout the mall. Friends and family are welcome! RSVP sophiadr17@hotmail.com.



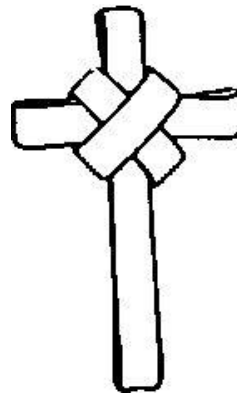
Every Wednesday we will continue to meet for Dwelling in the Word.

This year's Lenten Study, "The Lutheran Course" will be held on Thursdays. Each is a stand-alone session so attendees can come once or to all the sessions, from 7:00—8:30 pm.

- Mar 5 Five Things You Should Know about the Lutheran Reformation
- Mar 12 How to Receive Holy Communion
- Mar 19 The Three Most Rebellious Things Jesus Did
- Mar 26 How to Read the Bible
- Apr 2 How to Share Your Faith with Someone

Mark your calendars for the following Worship Services:

- Apr 9 Maundy Thursday 7:00 pm
- Apr 10 Good Friday 11:00 am
- Apr 12 Easter Sunday 9:00 and 11:00 am



We will be making Palm Crosses on Saturday **April 4th** in the Fellowship Hall at 9:30 am, but arrivals are welcome throughout the morning! We hope to be finished before noon. If you've never made Palm Crosses, or want to review the instructions beforehand, you will find instruction sheets in Marg Hall's or Karen Smith's mailboxes. If you don't like making crosses but just want to come for coffee and snacks, that's fine too! EVERYONE is welcome! Hope to see you there!

Today

- 9:00 am Worship Service
- 10:00 am Adult Bible Study
- 10:00 am Family Lenten Craft**
- 11:00 am Worship Service
- 12:00 pm Coffee and Conversation

This Week

- March 2
 - 1:00 pm Memory Plus
 - 7:00 pm Fireside Group
- March 3
 - 1:00 pm Games Group
- March 4
 - 9:30 am Experiencing God
 - 10:00 am Staff Meeting
 - 11:00 am Acadia Lunch Program
 - 7:00 pm Al-anon
 - 7:00 pm Drop In Dwelling
- March 5
 - 7:00 pm Drop-in Session (Five Things You Should Know about the Lutheran Reformation)
- March 7
 - 6:00 am Breakfast at The Seed
 - 8:30 am 50+ Exercise Class
 - 11:30 am "Meet and Greet" Potluck Luncheon
 - 6:00 pm A Spies Mall Crawl - Southcentre

Coming Up

- March 8 Congregational Meeting and Vote
- March 10 **NO** Today's Pilgrims
- March 12 Falling Upward
- March 12 Drop In Session
- March 16 Fireside Group
- March 17 Games Group
- March 17 Board Meeting
- March 19 Drop In Session
- March 24 Today's Pilgrims
- March 26 Flock Care
- March 26 Falling Upward
- March 26 Drop In Session
- March 30 April Vine Submission Deadline
- April 4 Making Palm Crosses
- April 9 Maundy Thursday
- April 10 Good Friday
- April 12 Easter Sunday with breakfast