



Last Saturday night at Laser Tag, 10 youth chased 3 adults around the Laser Tag arena for 2 hours! Erica Todd won the award for wearing the most white (and was therefore the biggest target)...

**Prayers**

**Prayers Chain Ministry** is always ready to receive prayer requests. Information is kept strictly confidential. Contact Linda Joehnck at 403 279-3770, or the office.



Place your healing strength on:

- |                |                   |                                    |
|----------------|-------------------|------------------------------------|
| Brent Anderson | Doreen Cordingley | A young woman in need of prayer... |
| Bonnie Barton  | Elaine Koop       |                                    |
| Renee Barton   | Dan Nemez         |                                    |
| Susan Brick    | Karen Nordgaard   |                                    |
| Margaret Brown |                   |                                    |

We remember those in care centres or “shut-in” at home, including:

- |               |                  |                |
|---------------|------------------|----------------|
| Tom Bergman   | Alexa Nernberg   | Anne Sands     |
| John Claussen | Robert Ohlhauser | Brenda Scott   |
| Irene Dekowny | Betty Oldis      | Willy Singbeil |
| Alma Krueger  | Betty Sabo       | Kelly Williams |
| Caroline Lutz | Andrew Sands     |                |



Dear Lord,  
 May my family be protected from harm, misfortune and sadness. May we enjoy the privilege of spending time together to share joy, celebrate happy occasions and to be there for each other when there is need for comfort. May good health prevail and may there be ever-present faith in God’s mercy and grace. Amen

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Our Mission...We are an inviting and growing Christian presence, with a passion for living and sharing Jesus Christ.

Our Vision...To be a Christ-centered community that Equips Disciples to Make Disciples.

If you are a visitor, during the time of offering, we have no financial expectations of you. Following the service you are invited for coffee and fellowship. We would be blessed to have you share in worship with us again.



**Sunday, February 16, 2020**  
**9:00 & 11:00 am**



**Welcome/Announcements**

**Confession and Absolution**

**Gathering Songs**

*“Lord Reign in Me”*

*“Holy is the Lord”*

**Children’s Story: What’s in Your Heart?**

**The New Zealand Creed**

**God’s Word: Mark 7:1-23 (NLT)**

**Message: What is Inside?**

**9:00 AM** *“Change My Heart, O God”*

**11:00 AM** *“Refiner’s Fire”*

**Ministry Moment:** Installation of LCOS Board Members

**Offering and Prayers**

**Special Music 11:00 am:** “Carried to the Table”

**The Lord’s Prayer and the Lord’s Supper**

*“I Sing Praises”*

*“In Remembrance of Me”*

*“He is Able”*

*“Amazing Grace”*

**Blessing and Sending**

*“Heaven is in My Heart”*

## Today:

There will be **no Sunday school today** because of the long weekend.

All believers are welcome to join in **Holy Communion** this morning. Please indicate to the server if you wish to have grape juice rather than wine. A gluten-free wafer option is also available.

### Today we introduce the LCOS Board for the year 2020-2021:

|                 |                 |                  |
|-----------------|-----------------|------------------|
| Brent Anderson  | Kathy Gibson    | Bob Montgomery   |
| Alfred Forbrich | Lora Lodberg    | Shirley Moule    |
| Doug Gerbrandt  | Iain McKay      | Nick Perchthaler |
|                 | Garry Mihaichuk |                  |



Your 2019 tax receipts are now available for pick up in your church mailbox. Please pick them up to avoid having to mail them via Canada Post. This saves the church postage costs. For any not picked up today, they will be mailed.

Do you have an interest in technical operations? Are you great at Power Point? We are always looking for volunteers to run the sound and visual portions of the 9:00 am and 11:00 am services. Training is provided, and a commitment of one or two Sundays a month is all that's required. If this is something you might have a gift for, please contact the office.

## Upcoming:

With the approach of Lent, it's time to begin collecting items for the Brenda Strafford Centre:

Combs/Hairbrushes,  
Shampoo/Conditioner, Hairspray,  
Toothbrushes/Toothpaste,  
Hand/Body lotion, Deodorant,  
Wash cloths/Hand towels, Baby  
Wipes, Dish Soap, Mr. Clean, etc...



And Pillows!

The time of Lent (40 days starting Ash Wednesday) represents the 40 days Jesus spent in the wilderness. Some Christians choose to remove something from their lives as a sign of fasting (chocolate, coffee, etc.). Another Lenten practice is to add a spiritual practice (study, prayer, etc.).

Every Wednesday we will continue to meet for Dwelling in the Word. This year's Lenten Study, "The Lutheran Course" will be held on Thursdays beginning Feb. 27. Each is a stand-alone session so attendees can come once or to all the sessions, from 7:00–8:30 pm.

|        |  |
|--------|--|
| Feb 27 | How to tell the Difference Between Law and Gospel          |
| Mar 5  | Five Things You Should Know about the Lutheran Reformation |
| Mar 12 | How to Receive Holy Communion                              |
| Mar 19 | The Three Most Rebellious Things Jesus Did                 |
| Mar 26 | How to Read the Bible                                      |
| Apr 2  | How to Share Your Faith with Someone                       |

Mark your calendars for the following Worship Services:

|        |                 |                   |
|--------|-----------------|-------------------|
| Feb 26 | Ash Wednesday   | 7:00 pm           |
| Apr 9  | Maundy Thursday | 7:00 pm           |
| Apr 10 | Good Friday     | 11:00 am          |
| Apr 12 | Easter Sunday   | 9:00 and 11:00 am |

On **March 1 at 10:00 am** you are invited to join us for a family Lenten craft—all are welcome!

You are invited to join in an **Evening Prayer Choir Festival** on February 23, 2020 at 7:30 PM at Bethel Reformed Church (corner of 101 Street and Old Banff Coach Road SW). Music Director Rick Vander Woude will be participating in this concert with the New Beginnings Choir. Admission is a monetary or food donation to the Calgary Food Bank.

## Today

### No Sunday School today

|          |                         |
|----------|-------------------------|
| 9:00 am  | Worship Service         |
| 10:00 am | Adult Bible Study       |
| 11:00 am | Worship Service         |
| 12:00 pm | Coffee and Conversation |

## This Week

|        |          |                      |
|--------|----------|----------------------|
| Feb 17 | 1:00 pm  | Memory Plus          |
| Feb 18 | 1:00 pm  | Games Group          |
|        | 7:00 pm  | Board Meeting        |
| Feb 19 | 9:30 am  | Experiencing God     |
|        | 10:00 am | Staff Meeting        |
|        | 11:00 am | Acadia Lunch Program |
|        | 7:00 pm  | Al-anon              |
|        | 7:00 pm  | Drop In Dwelling     |
|        | 7:00 pm  | 11:00 am Praise Team |
| Feb 20 | 7:15 pm  | Flock Care           |
| Feb 22 | 8:30 am  | 50+ Exercise Class   |

## Coming Up

|          |                     |
|----------|---------------------|
| Feb 23   | Hot Dog Sunday      |
| Feb 24   | Memory Plus         |
| Feb 24   | March Vine Deadline |
| Feb 25   | Today's Pilgrims    |
| Feb 26   | Ash Wednesday       |
| Feb 26   | Experiencing God    |
| Feb 26   | Acadia Lunch        |
| Feb 26   | Drop In Dwelling    |
| Feb 27   | Falling Upward      |
| Feb 27   | Lenten Study Begins |
| Mar 1    | Family Lenten Craft |
| April 9  | Maundy Thursday     |
| April 10 | Good Friday         |
| April 12 | Easter Sunday       |