



In order to host a communion service here at LCOS the following people provide their time: 2 altar care, 3 communion assistants, 2 ushers, 2 counters, 1 to create worship slides, 1 to operate the worship computer, 2 to create bulletins, pull music, update the website and share the worship plan, 1 accompanist, numerous musicians or singers, 1 pastor and 1 to make the coffee. That's a lot of folks contributing their gifts and timeThank You!

Prayers

Prayers Chain Ministry is always ready to receive prayer requests. Information is kept strictly confidential. Contact Linda Joehnck at 403 279-3770, or the office.



Place your healing strength on:

Brent Anderson	Elaine Koop
Renee Barton	Dan Nemez
Susan Brick	Karen Nordgaard
Margaret Brown	
Doreen Cordingley	

We remember those in care centres or “shut-in” at home, including:

Tom Bergman	Alexa Nernberg	Anne Sands
John Claussen	Robert Ohlhauser	Brenda Scott
Irene Dekowny	Betty Oldis	Willy Singbeil
Alma Krueger	Betty Sabo	Kelly Williams
Caroline Lutz	Andrew Sands	

A Prayer for Sunday Morning from the New Zealand Prayer Book

God our creator,
yours is the morning and yours is the evening.
Let Christ the sun of righteousness
shine for ever in our hearts
and draw us to that light
where you live in radiant glory.
We ask this for the sake of Jesus Christ our Redeemer.
Amen.

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Our Mission...We are an inviting and growing Christian presence, with a passion for living and sharing Jesus Christ.

Our Vision...To be a Christ-centered community that Equips Disciples to Make Disciples.

If you are a visitor, during the time of offering, we have no financial expectations of you. Following the service you are invited for coffee and fellowship. We would be blessed to have you share in worship with us again.



Sunday, February 9, 2020
9:00 & 11:00 am



Welcome/Announcements

Gathering Songs

“Shout To The Lord”

“Lord I Lift Your Name On High”

God Sightings

“Our God”

God's Word: Mark 6:1-29 NRSV

Message: Mission Requires Prophets Over Profits

“Cornerstone”

Offering

“What Can I Do”

Prayers and Lord's Prayer

“Apostle's Creed”

Blessing

“Go Make a Difference”

Today:

We welcome **Pastor Dave Saude** as he leads us in worship today.

Adult Bible Study takes place between services every Sunday. All are welcome to join in...

Please join us for coffee and conversation between or after services.



Your 2019 tax receipts are now available for pick up in your church mailbox. Please pick them up to avoid having to mail them via Canada Post. This saves the church postage costs. For any not picked up by February 16, they will be mailed.

Do you have an interest in technical operations? Are you great at Power Point? We are always looking for volunteers to run the sound and visual portions of the 9:00 am and 11:00 am services. Training is provided, and a commitment of one or two Sundays a month is all that's required. If this is something you might have a gift for, please contact the office.

Upcoming:

The season of Lent is approaching quickly, beginning with Ash Wednesday on February 26. This season's Lenten study will focus on Lutheran theology and it's expression in our lives together. You are invited to join in one, several or all of these conversations in Thursday evening drop-in sessions from 7:00–8:30 pm.

- Feb 27 How to tell the Difference Between Law and Gospel
- Mar 5 Five Things You Should Know about the Lutheran Reformation
- Mar 12 How to Receive Holy Communion
- Mar 19 The Three Most Rebellious Things Jesus Did
- Mar 26 How to Read the Bible
- Apr 2 How to Share Your Faith with Someone

Mark your calendars for the following Worship Services:

- Feb 26 Ash Wednesday 7:00 pm
- Apr 9 Maundy Thursday 7:00 pm
- Apr 10 Good Friday 11:00 am
- Apr 12 Easter Sunday 9:00 and 11:00 am

Today

- 9:00 am Worship Service
- 10:00 am Young Explorers/Youth Sunday School
- 10:00 am Adult Bible Study
- 11:00 am Worship Service
- 12:00 pm Coffee and Conversation

This Week

- Feb 10 1:00 pm Memory Plus
- Feb 11 7:00 pm Today's Pilgrims
- 7:00 pm Transition Team
- Feb 12 9:30 am Experiencing God
- 10:00 am Staff Meeting
- 11:00 am Acadia Lunch Program
- 7:00 pm Al-anon
- 7:00 pm Drop In Dwelling
- 7:00 pm 11:00 am Praise Team
- Feb 13 10:00 am Falling Upward
- Feb 15 8:30 am 50+ Exercise Class

Coming Up

- Feb 16 Holy Communion
- Feb 17 Family Day
- Feb 17 Fireside Group (tentative)
- Feb 18 Games Group
- Feb 18 Board Meeting
- Feb 19 Southwood Care Centre
- Feb 20 Flock Care
- Feb 24 March Vine Deadline
- Feb 25 Today's Pilgrims
- Feb 26 Ash Wednesday
- Feb 27 Falling Upward
- Feb 27 Lenten Study Begins
- April 9 Maundy Thursday
- April 10 Good Friday
- April 12 Easter Sunday



CALGARY ALLIANCE
FOR THE COMMON GOOD

Mental Health
Commission
of Canada
Commission de
la santé mentale
du Canada

Mental Health
First Aid Canada

MHFA (Mental Health First Aid) Basic is intended for adults interacting with adults (18 years and older). This course focuses on the four most common mental health disorders including substance related, mood related, anxiety and trauma related, and psychotic disorders. Participants who take this course are well prepared to interact confidently about mental health with their family, friends, communities, and workplaces, and will receive a certificate in mental health first aid at the end of the course. They are required to attend all three sessions.

February 28, 29 and March 1

St. Mary's University, 14500 Bannister Road SE

\$140 - covers tuition, material and Saturday lunch.

www.eventbrite.ca/e/mental-health-first-aid-training-tickets-90315481035