

The background of the entire page is a dramatic, high-contrast image of a sunset or sunrise over a desert landscape. The sky is filled with swirling, textured clouds in shades of orange, red, and yellow. In the center, a large, bright sun is partially obscured by a dark silhouette of a crucifix standing on a small hill. The foreground shows rolling hills and valleys in silhouette, creating a sense of depth and vastness.

this changes
EVERYTHING.

THE VINE
APRIL 2019

Ministry Team

All members of Lutheran Church of Our Saviour

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Brent Anderson
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Doug Gerbrandt
Johanne Johanson
Jens Kaack
Dale Mass
Iain McKay
Garry Mihaichuk—Chair
Shirley Moule
Nick Perchthaler
Darren Tenor
Les Walker

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Facebook: Lutheran Church of Our Saviour

Making Palm Crosses

We will be making Palm crosses in the Fellowship Hall on **Saturday, April 13th** beginning at 9:30 am. Coffee and snacks will be provided. If Palm crosses aren't your thing, come anyway. There are candles to prepare for Good Friday! Everyone welcome!



From Pastor Julianne

Last Sunday as we sang the Christmas carol *Go Tell it on the Mountain* I was thinking about how transformative the birth of Jesus was. For generations the people of Israel had been waiting for the Messiah but somehow the life and ministry of Jesus wasn't what they expected. Even more shocking was the crucifixion of their beloved Rabbi and friend. Can you imagine hearing the words "He is Risen"!

Two years ago, about this time of year I was visiting my grandson Noah. He was far more excited than I was to go to the local Butterfly House. I expected the adventure to be like all the other butterfly houses I have seen, including those in some exotic far away countries.

We rounded a curve on the trail and saw a small window. As we got closer there were almost 100 chrysalises hanging on a string from one side of the window to the other, many of which had started to open. The docent explained how caterpillars are encased in the chrysalis, become goo and then are transformed into a new being.



God offers us new life in Christ's life, death and resurrection. Like the change from caterpillar to butterfly, our redemption from sinner to a transformed life is full of awe and wonder. Not only is it difficult to understand, but it is also difficult to accept the beauty, and wonder of God's love for us.



Noah and I stood with amazement as chrysalis after chrysalis began to open and beautiful blue morpho butterflies emerged. The butterflies worked their way out, one leg, one wing at a time, then tentatively spreading their wings, and after a while flying away to enjoy a transformed new life.

Perhaps our task as transformed, people gifted with new life in Christ, is to spread our wings and fly where the Spirit leads, joining in God's work of love all around us. Amen.

LCOS continues to take time to explore our identity and purpose. A few thoughts to consider:

Christianity in Canada is slowly focusing outward to the neighbourhood and the local context. Ministry has been done through programs which addressed perceived problems (e.g. "We don't have enough youth; we need youth ministry.") and were directed by the pastor. In the growing paradigm ministry is about vocation. Vocation is living out the spiritual; gifts given to us in Baptism. Vocation is expressed in relationships with all people.

In the past, outreach was about doing nice things for others who were in need. We would share something we had with those who we perceived as our responsibility to serve. Today some express outreach as a combination of advocacy, relationship building and service.

Youth & Children's Ministry by Jesse Ramson

Conversations are so important. They help us connect to each other, they help us understand each other, and they help us develop together. This past month and a bit, I have had some fantastic conversations with parents, with youth, with children, and with seniors. Perhaps the biggest take away from each conversation is how insightful, and honestly life-changing, the content that we are talking about is. What I thought I knew, well, these discussions just show me how much I don't know! Which is an amazing thing, because it helps me to see these things in a much broader sense, giving me a more wholesome understanding of people, of events, and of issues.

I truly believe that the focus or the perspective of the conversation is just as important as the content. We need to be approaching these discussions with the right frame of mind; how can we best be witnesses to Christ? How can we best use these opportunities to share the name of Jesus? I believe that in each conversation, in each talk we have with others, we can share the light of our Lord simply in how we approach those discussions. And people pick up on those things, trust me! When you approach a conversation with the mindset of Christ, the recipient feels love, grace, inspiration, passion, and so many other incredible positive things. And at the end of the day, isn't our mission to be an inviting Christian presence that passionately lives and **shares** Jesus?



Youth & Children's Ministry

Friday, April 5th to Sunday, April 7th – Youth Surge

Once again the Canadian Lutheran Bible Institute is hosting the Youth Surge Retreat Weekend. This is a fantastic weekend led by the current CLBI students. Youth and young adults 15 and older are invited to stay on campus, with meals provided. There'll be games, sports, worship, small groups, and much more! For more information, please check out clbi.edu/surge. Please contact Jesse if you are interested in attending.



Friday, April 12th at 6:30 pm – Family – Swimming

Grab your bathing suit, and join us at the pool! Cost is approx. \$30 (for 2 parents and all children under 18). Please sign up by Sunday, March 31st, and let Jesse know if you would prefer to swim at the Trico Centre or Southland Leisure Centre. Parents, feel free to invite other families to join us!

Saturday, April 13th at 10:00 am – Youth Band

We're getting closer and closer to our performance date! In fact, this is our second last practice! Join us as we continue to work on our praise and worship songs.

Saturday, April 13th at 1:00 pm – Tween – Bow Habitat Station

We're heading to the Bow Habitat Station, to see the aquariums, to experience the nature theatre, to interact with the water exhibits, and to explore outdoors! Cost is \$7, we will meet at the church and carpool to the station. Please sign up by Sunday, March 31st so we can ensure we have the right amount of spots in vehicles.



Youth & Children's Ministry

Sunday, April 21st

NO Young Explorer or Youth Classes – Happy Easter!

Please note that there are no Young Explorer or Youth classes this Sunday at 10am due to it being Easter Sunday! Enjoy the celebration of the resurrection of our Lord and Saviour with your family at our Easter Breakfast instead in the Fellowship Hall!

**NO Young Explorer or
Youth Classes On Sunday,
April 21st**

**Happy
Easter!**



Applied Theory

Friday, April 26th at 7:00 pm

**Join us at the
Metal Galaxy Bistro
4624 Macleod Trail SW**



Board Game Cafe

Friday, April 26th at 7:00 pm

Applied Theory – Board Game Café

Join us at the Metal Galaxy Bistro (4624 Macleod Trail SW) for some snacks, and of course, board games! There is no cost to play the board games, but there is a café on site with snacks and drinks ranging from \$2 to \$12.

Saturday, April 27th at 10:00 am

Youth – Hiking Trip

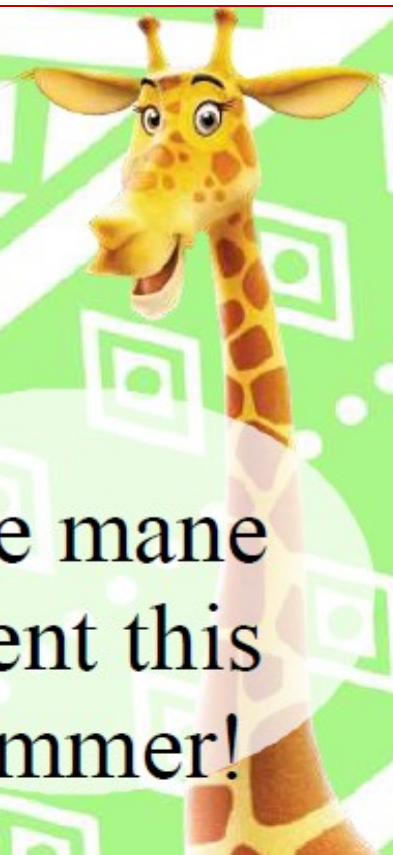
Get ready for a special hike with a special guide from our congregation (thanks Mike!). Make sure to wear appropriate clothing and footwear, and bring your own bagged lunch and water. We'll meet here at the church, and then drive to McKinnon Flats, where we'll do some exploring before finding a spot to eat our lunch and listen to a special devotion. And then we'll hike some more!

YOUTH HIKING TRIP
SATURDAY, APRIL 27TH AT 10:00 AM
MCKINNON FLATS
Bring your own bag lunch and water
Meet at LCOS
Sign Up by Sunday, April 14

Vacation Bible School



The mane
event this
summer!



Vacation
Bible School

Lutheran Church of Our Saviour

August 19th – 23rd

8831 Fairmount Drive SE
Ages 3 – entering Grade 5
(Options for Grade 6 + to
volunteer!)

9am-12pm each day

*Register Now at
<https://vbsfun.ca>*



Camp Kuriakos



High School Students - Volunteer on our Team!

Each summer, we rely on 50+ volunteers to make camp great. If spending time with kids, helping in the kitchen, planning games, or cleaning up (with an awesome team!) sounds like fun to you, we'd love to have you on board!

Come Work in Our Kitchen!

Do you love to cook? We'd love to meet you. We're looking to fill the most important job at camp! Kuriakos kitchen staff work with our summer team and volunteers to take care of everyone at camp. There's lots of fun and lots of helpers around, and you're guaranteed to have a blast! Applicants for Head Cook should have previous experience, while enthusiasm is all that's needed for Assistant Cook.

Applicants can be at any stage of life (after high school)... this makes a great escape from life in the real (or retirement) world!



Upcoming Programs

Our 2019 Programs are now open for registration.

Check them out and discover programs for the whole family.

- RENEW Women's Retreat - April 5-7 with Terri Coombs
- Kuriakos Gathers Together - April 27
- The Way of Christ (lay equipping retreat) - April 25-28
- Spring Work Week (volunteer) - May 13-17
- Family May Days Work Weekend (volunteer) - May 17-19
- Homeschool Day - May 27
- Kuriakos Open House + Staff Alumni Cookout - June 23

WWW.KURIAKOS.AB.CA

Brenda Strafford Centre



100 new pillows needed for the Brenda Strafford Centre

Bring your brand new pillow to LCOS
by Easter Sunday, April 21st

What is the Brenda Strafford Centre?
A safe place in Calgary for abused
women & children.

For sanitary reasons, every family at the
Brenda Strafford Centre receives new
pillows when they arrive.
When they leave they take those pillows
with them.



**LET'S
FILL
THIS
CORRAL !!**

Brenda Strafford Centre (continued)

The Brenda Strafford Society for the Prevention of Domestic Violence is a second-stage shelter for women and their children who have fled domestic violence. The Centre offers a safe and secure environment. During their six-month stay at the Centre, both women and children are provided with programs and services in a supportive yet independent environment.

Programs and Services include:
Adult, Child & Youth Counselling Programs
Women's Support Group
Progressive Housing
Food Program
Child Care Programs
Multi-cultural Family Support



In past years we have made and filled Lenten bags. This year we have been asked to send the following items to be distributed to families at no cost.

*Combs & Hair Brushes
Shampoo & Cream Rinse
Hairspray
Tooth Brushes & Toothpaste
Hand & Body Lotion
Deodorant
Wash Cloths & Hand Towels
Baby Wipes
Dish Soap
Mr. Clean*

Lead Foundation—Free Parenting Sessions



Behaviour Basics

Positive parenting for children with different needs

Tuesday, April 9th

Explores the 7 key principles of positive parenting: Having a safe and interesting environment, having a positive learning environment, using assertive discipline, adapting to having a child with different needs, having realistic expectations, being part of a community, taking care of yourself.

Helping your child reach their potential

Tuesday, April 16th

Builds on previous seminar and shows how to help your child by teaching new skills and behaviours. Content includes choosing a new skill to teach, breaking a skill into steps, choosing suitable rewards, deciding when and where to teach, using effective teaching strategies, tracking and reviewing progress. These will help children do well in school and beyond.

Changing problem behaviour into positive behaviour

Tuesday, April 23rd

Parents are often uncertain about how to respond to a child's problem behaviour in a way that will help their child to behave more appropriately. This seminar reviews how to track the behaviour, understand why the behaviour is occurring, change events before the problem, encouraging alternative behaviour, removing accidental rewards and putting a plan into action.


Stepping Stones
Seminars



FREE

Parenting Sessions

Open to all
Parents & Educators

Lead invites you to join us for
three informative evenings.

April 9, 16, & 23
6:00 to 7:30 pm

These sessions held at:

**Lutheran Church of Our Savior
8831 Fairmount Dr SE**

Parents and Educators may attend
any or all 3 sessions.

*Childcare will not be available
for this event*

RSVP to
admin@leadfoundation.ca or
403.270.7912

www.leadfoundation.ca


Lead
FOUNDATION
Your Child. Your Lead.

Financials

Get on PAR (Pre-Authorized Remittance) at LCOS

Did you know that you may give to LCOS via pre-authorized remittance one time per month from your bank or credit union chequing account? This program is like any other pre-authorized debit program and is called the PAR (Pre-Authorized Remittance) program. Debits will be drawn from accounts on the 20th of each month. Whenever the 20th falls on a weekend or holiday, the debits will be drawn on the first business day following the 20th. Donations via the PAR program will be recorded on quarterly statements and year-end tax receipts along with all other giving.

Amounts from PAR can be directed to:

- 1) The LCOS general budget
- 2) Canadian Lutheran World Relief (CLWR)
- 3) Capital Maintenance

You can give additional amounts and to other purposes via your regular donation envelopes. The minimum amount to give via this program is a total of \$50.00 per month.

You can sign up, make banking or donation amount changes, or withdraw from the program at any time. These changes will be effective the month following the submission of the change. Forms are available to process these changes. The program is administered by the Financial Secretary. Authorization forms are available in the Place of Welcome.

Internet e-transfers & PayPal are also available!

To make a one time or recurring email transfer simply send donations to donate@oursaviourchurch.ca. Please include either your envelope number or your name and address in the email so that we can give you a proper receipt at the year's end.

Gospel Night of Music

Sunday, April 14, 2019 at 7:00 pm

The 11:00 Praise Team will be singing In Okotoks at the Gospel Night Of Music at Okotoks United Church, 43 Riverside Drive. This is an evening of fun gospel music performed by several churches from different denominations. Everyone is welcome to attend.

We look forward to seeing you there!



Ushering

Ruth Peterson would like to send out a special thank you to all usher volunteers. Your gift of hospitality as we welcome those who join in worship is sincerely appreciated.

Easter Flower Fund / Acadia Food Pantry



If you would like to donate to this year's **Easter Flower Fund** (lilies and hydrangeas) envelopes are available from the usher stands and in the foyer. After Easter some of these flowers will be shared with shut-ins and seniors. If you prefer, in lieu of flowers, donations can be made in a separate envelope available in the same locations to support the new **Acadia Food Pantry**.

Maundy Thursday



Good Friday



Easter Sunday

EASTER SUNDAY, APRIL 21ST

9:00 am Worship Service (Communion)
11:00 am Worship Service (Communion)

10:00 am Easter Breakfast

Mural Project

Acadia Portrait Project

The Guiding Mission team is excited to announce that we have received a grant from the Calgary Foundation for a community building, life enhancing mural on our concrete (boring) north parking lot wall this summer. The whole community will be invited to participate from concept to completion starting with the members of LCOS. In the coming weeks we will be looking for feedback on imagery and phrases for the mural. The mural is intended to be a permanent and positive gift that reminds all who pass by of the spirit of Acadia.

How Can I Participate?!

Development phase:

- Look for opportunities in the coming weeks on Sunday mornings to chat with the Guiding Mission Team about what you would like to see. We'll take these ideas and combine them with ideas from other groups in Acadia and blend them into a concept for the mural. The imagery of the mural will be the artist's interpretation of all the feedback that local groups (including but not limited to the congregation of LCOS) have for this community.
- Volunteer with our partner groups to collect their feedback. We will be talking to schools, churches and other groups and could use a helping hand.
- A few limitations on images: No Sexual, sexist, racist, obscene, or offensive images. If we wish to include religious images then it must be ecumenical in nature. Other than that we can be as bold, funny, thoughtful, clever or quirky as we wish.

Party Planning & Wall Preparation:

- Help us plan a party for 600 or so of your closest Acadia friends and family
- There will be food and games as we incorporate the paint day into an all day event for people of all ages
- Good old manual labour as we prep the wall for the paint day

Painting and Hosting Duties:

- Join us August 10th or August 17th (in case of rain) to paint
- If painting is not your thing help out with hosting the community in other ways

For more details on this project, Guiding Mission or to volunteer on this or other experiments, please contact The Guiding Mission team directly:

Darren Tenor @ (403) 287-6529 / tenor@nucleus.com

Katharine Heimbigner-Tenor @ (403) 540-1765 / heimbignertenor@gmail.com

Joe Schulz @ (403) 246-4132 / jmwschulz@shaw.ca



Movie Lovers

Movie Lovers on **April 12th** at 7:00 pm will be watching "**Free Solo**". This is the award winning documentary from National Geographic about professional rock climber Alex Honnold as he attempts to conquer the first free solo climb of famed El Capitan's 900-metre vertical rock face at Yosemite National Park. Celebrated as one of the greatest athletic feats of any kind, Honnold's climb set the ultimate standard: perfection or death. The result is a triumph of the human spirit.



Calgary Alliance for the Common Good



The Calgary Alliance for the Common Good will be hosting its next Discernment Assembly on April 1st at 7:00 pm at Temple B'Nai Tikvah (900 47 Ave SW). All members of CACG are invited to participate in this important event. At the Assembly CACG will be selecting the next two issues that CACG Members will advocate for change for the Common Good of the City. At the last Discernment Assembly in 2017 the topics selected were Truth and Reconciliation and Seniors issues. The Truth and Reconciliation work is ongoing with a group of Elders in the Calgary area. CACG's seniors group including LCOS members Pastor Lee Woolery, Katharine Heimbigner-Tenor, Alice Rodier and Darren Tenor are presently working with the City of Calgary to ensure the home support program being developed by the City is implemented by the fall. After the election this group will be reaching out to the province with the objective of developing a sliding scale to help middle income seniors stay in their homes.

At the upcoming Assembly those present will choose two topics from the following list: Mental Health, Seniors, Environment, Early Learning/Care, Immigration/Refugees, Good Jobs/Income including living wage, basic income, training and re-training, and Social Isolation/Building Community/Overcoming Divisions including transportation, community spaces, community programs, connecting youth, seniors and immigrants to their communities.

If you are interested in attending this event or would like to learn more please contact Darren Tenor at tenor@nucleus.com or Katharine Heimbigner-Tenor at heimbignertenor@gmail.com or 403-540-1765.

Bishop's Message by Bishop Larry Kochendorfer

Dear Beloved of God –

Following the meeting of our National Church Council, March 8-10, 2019, the Western Synod's Examining Committee will also meet in Winnipeg. This meeting is one of the highlights of my year as your synod bishop.

The committee, comprised of one member from each of the four Western Synods, a faculty member from Lutheran Theological Seminary and the candidate's bishop, will meet this year with five candidates two of whom are from the Synod of Alberta and the Territories.

In the Lutheran tradition, a person's call from God to public ministry is understood as both internal and external or mediated:

1. through an internal, personal sense of call that God is leading a person to public Christian ministry.
 2. through public affirmation that the person has the character, commitment, preparation and ability to serve in a specific public ministry, either ordained or diaconal.
 3. through the receipt and acceptance of a letter of call to serve in a particular ministry setting.
- The responsibility for approval of candidates for rostered ministry in the ELCIC rests with the synods.

The final evaluation of candidates for rostered ministry is in two parts: the written examination (members of the committee are provided with the candidate's responses to a written examination, as well as all other pertinent material from the candidate's dossier) and the examination interview.

The final evaluation is to review and inquire in depth into the candidate's readiness for rostered ministry, and to determine that the candidate meets the requirements for ministry established by the National Church.

The areas of readiness reviewed during the interview are: theological and academic competence, spirituality and faith commitment, personal integrity and leadership abilities, and, call to ministry and ministry gifts.

By the time you read this April Message the Western Synod's Examining Committee will have met and I am hopeful that I will be in conversation regarding Calls to parish ministry and Services of Ordination.

Thank you for your continuing prayers for all candidates for rostered ministry across the ELCIC and for those prayerfully considering candidacy, for members of our ELCIC's Program Committee for Leadership for Ministry, for our seminaries, and for candidacy committees.

In Christ Jesus – Shalom,
Bishop Larry Kochendorfer

"The God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit." (Romans 15:13)

April 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 1:00 Memory Plus	2 1:00 Games Group	3 9:00 Experiencing God 10:00 Staff Meeting 11:00 Acadia Lunch 7:00 Al-anon 7:00 Marks of a Christian 7:30 11 am Praise Team	4	5 LCBI Youth Surge Camrose	6 6:30 Breakfast at the Seed 8:30 50 Plus Exercise Class 9:00 Board Retreat LCBI Youth Surge Camrose
7 Communion 9:00 Worship Service 10:00 Adult Study 10:00 Young Explorers 10:00 The Experiment 11:00 Worship Service LCBI Youth Surge Camrose	8 1:00 Memory Plus 7:00 Al-anon 7:00 Fireside	9 10:00 Book Club 7:00 Today's Pilgrims 7:00 Transitional Ministry Team	10 9:00 Experiencing God 10:00 Staff Meeting 11:00 Acadia Lunch 7:00 Marks of a Christian 7:00 Al-anon 7:30 11am Praise Team	11	12 6:30 Family Swim 7:00 Movie Lovers	13 8:30 50 Plus Exercise Class 9:30 Making Palm Crosses 1:00 Tween—Bow Habitat Station
14 Palm Sunday Sandwich Sunday 9:00 Worship Service 10:00 Adult Study 10:00 Young Explorers 10:00 The Experiment 11:00 Worship Service	15 1:00 Memory Plus	16 1:00 Games Group	17 9:00 Staff Meeting 9:30 Experiencing God 10:30 Southwood Service 11:00 Acadia Lunch 7:00 Al-anon 7:00 Marks of a Christian 7:30 11am Praise Team	18 Maundy Thursday 7:00 Worship Service	19 Good Friday 7:00 Worship Service Office Closed	20 8:30 50 Plus Exercise Class
21 Easter Sunday Communion 9:00 Worship Service 10:00 Easter Breakfast 11:00 Worship Service	22 Office Closed	23 7:00 Today's Pilgrims 7:00 Board Meeting	24 9:00 Experiencing God 10:00 Staff Meeting 11:00 Acadia Lunch 7:00 Al-anon 7:30 11am Praise Team 8:30 Al-anon Book Club	25 7:15 Flock Care	26 7:00 Applied Theory Board Game Cafe	27 8:30 50 Plus Exercise Class 10:00 Youth Hiking Trip
28 Hot Dog Lunch New Member Sunday 9:00 Worship Service 10:00 Adult Study 10:00 Young Explorers 10:00 The Experiment 11:00 Worship Service	29 1:00 Memory Plus	30				