



The Vine

May 2016

Ministry Team

All are members of Lutheran Church of Our Saviour

Pastor

Lee Woolery
403-253-1453 extn 11
403-301-0011(home)
403-809-3487(cell/text)
pastor@oursaviourchurch.ca

Director of Youth Ministry

Quinn Friesen
quinnfriesen@outlook.com

Children's Ministry

Mariette Jessup
children@oursaviourchurch.ca

Church Board 2016-2017

Jaqui Anderson
Elaine Barnes
Rachelle Ellis
Doug Gebrandt
Phyllis Gale
Jens Kaack
Jennifer May
Garry Mihaichuk
Bob Montgomery
Darren Tenor

Administration

Katharine Heimbigner-Tenor
403-253-1453 extn 12
403-540-1765 (cell/text)
admin@oursaviourchurch.ca

General/Main Office

Shauna Gross
403-253-1453 extn 10
office@oursaviourchurch.ca

www.oursaviourchurch.ca
8831 Fairmount Drive SE
Calgary, T2H 0Z4

Staff Office Hours:

Pastor Lee
Monday to Thursday
9:00 am to Noon

Katharine Heimbigner-Tenor
Monday to Friday
9:00 am to 2:00 pm



Quinn Friesen
Please contact via email
quinnfriesen@outlook.com

Mariette Jessup
Please contact via email
children@oursaviourchurch.ca



Subscribe to The Vine Online!

Simply email office@oursaviourchurch.ca with 'Electronic Vine' in the subject line. Your email address will be added to the distribution list! ALSO you can find the Vine on our church website. Please contact the Church Office with any questions.

PRECIOUS MOMENTS IN ISRAEL

“People of Israel, your camp is lovely. It’s like a grove of palm trees or a garden beside a river.” Numbers 24:5

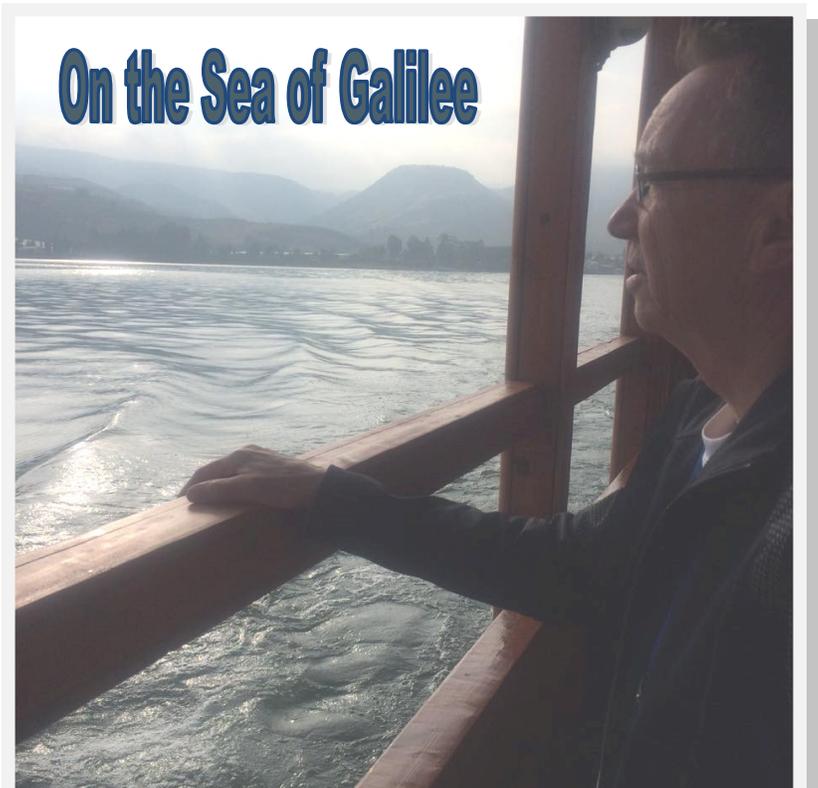
Having just returned from another study tour of Israel, I’ve come away with many beautiful images of this country sometimes referred to as the “Land Between.” Even though it’s a place that pulsates with threats of violence, destruction and division, it is still a land that vibrates with hope and the stirrings of peace. In the midst of trying to assemble a number of thoughts and reflections about this latest pilgrimage, I’d like to share some precious moments, which I had jotted down in my journal:

- While visiting the ancient city ruins of Bet She’an, our instructor/guide from Jerusalem University College, Aubrey Taylor, surprised us by singing a selection from Leonard Bernstein’s “Mass” on the stage of the Roman open air theatre.
- In the Church of the Holy Sepulchre, we discovered “Christian graffiti;” hundreds of crosses carved into the limestone walls.
- As we were leaving the site of Tel Hazor, a huge number of birds came spiraling up from the Hulah Basin. Absolutely breath-taking!
- On our last morning by the Sea of Galilee, we crossed to the other side by boat. We stopped in the middle for a quiet time of prayer and reflection. The sea was calm and the moment was peaceful.
- After supper one evening, I took a short stroll through a local outdoor mall close to our hotel in Jerusalem. There was an Orthodox Jew busking, playing his guitar and singing the Led Zepplin classic, “Stairway to Heaven.” Although it was a somewhat odd sight, his rendition was quite good.
- Our group was hooked up, for the two weeks, with another group from a Baptist congregation in Vancouver, Washington. Their pastor, Bob Carlson, and an elder, Dave Brown, immersed several people in the muddy waters of the Jordan River as they re-dedicated their lives to following Jesus. It was a very moving and powerful time.
- During our last evening by the Sea of Galilee, both groups gathered near the shore and celebrated the Lord’s Supper. We truly felt the deep presence of Jesus as he shared himself through this meal and brought us closer together.
- One morning when we had settled into our seats on the bus for another journey to various sites, Sophia Della Rosa led us in prayer: *“Father, thank you so much for this lovely day. Let it be filled with more amazing memories as we learn more about you and your Word. Help us to walk humbly with you as we explore and admire more of the land you created. Amen.”*

Not much more I can add to that except to say:

To God be the glory! Amen!

Pastor Lee



Young Explorers Summer ... Here We Come!



Given the record breaking temperatures we have been experiencing, it's not hard to believe that summer is right around the corner ... It feels like it is here already!

Another year of Young Explorers is almost in the memory book and there are some **dates to mark on your calendar:**

Sunday May 8 - Happy Mother's Day! All Young Explorers and Youth will be making a gift to mark the occasion. Meet at 10 am in Room A/B.



Sunday May 15 - last Sunday of regular Young Explorers lessons before we go to one Service.

Sunday May 29 - Family Ministry Wind-Up!!



AARCS
ALBERTA ANIMAL
RESCUE CREW SOCIETY

~ a human and canine representative from AARCS will be attending the Service at 10 am and the Young Explorers children will present the money they have been collecting all year as well as supplies that have been donated.



~ our amazing, tireless Volunteers will be Recognized during Service.

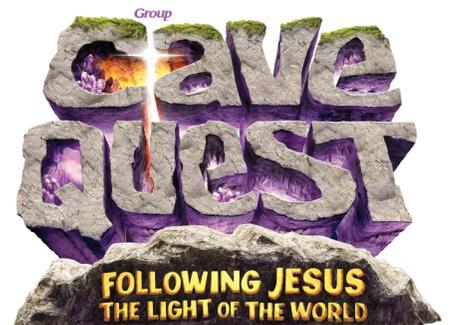


~ it's Hot Dog Sunday so get something to eat then head on over to Lloyds Roller Rink at 7520 MacLeod Tr. S.E. for some fun and cake! If you RSVP to children@oursaviourchurch.ca by May 8th your admission and skate rental will be paid for. Looking forward to seeing everyone there!!

August 22-26— VBS Cave Quest

I want to thank our volunteers for their big hearts, their creative minds and their love of God ... for always being there to help shepherd the children of LCOS to Jesus.

Mariette Jessup
Children's Ministry Coordinator



Family Movie Nights start at 6:30 pm

Disney nature
BEARS



MAY 14th
6:30 pm



MOPS

MOPS (Mothers of Pre-Schoolers) and MOPSnext (Mothers of School Age Children) is an international organization that supports Moms. MOPS creates a time out for Moms filled with fun, food, learning, fellowship, and faith while their kids are having fun in the MOPPETS childcare program.

Our meeting schedule in May is:

May 11th Salad Building

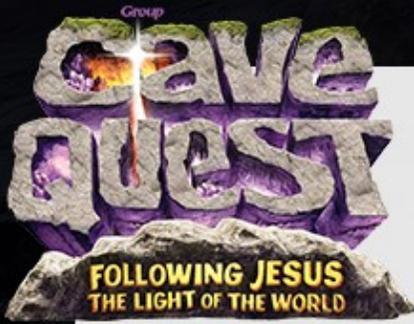
We will create yummy, layered salads in Mason jars to take home.

May 25rd MOPS Wind-Up Party

Your first visit is free and you are always welcome to join any time.

More information, including registration forms and pricing, is available from the LCOS website: <http://www.oursaviourchurch.ca/connect/mops-mopsnext>





August 22 - 26

Imagine...

- ...a child discovering for the first time that Jesus is the light of the world.
- ...kids worshipping in powerful ways.
- ...children praying for each other in the challenges they face.
- ...adults and teens modeling Jesus' love to children.
- ...the kids in our church showing God's love to families in need across the United States.
- ...children serving each other.

This summer at Cave Quest VBS, kids will go on an over-the-top underground adventure where they'll discover Jesus can be their trusted guiding light through life! Be a part of vacation Bible school during August 22-26. It's an adventure that'll help *everyone* involved to begin or grow in their relationship with Jesus!

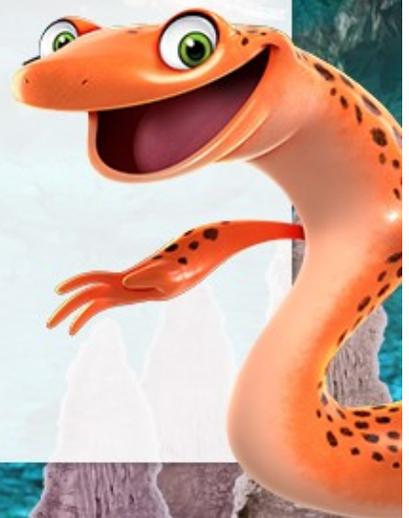
We're praying this awesome VBS program will touch children's hearts and lives with Jesus' love and power. Help kids in our community discover that

- Jesus gives us hope.
- Jesus gives us courage.
- Jesus gives us direction.
- Jesus gives us love.
- Jesus gives us his power.

As we plan and prepare for Cave Quest, our team would cherish your prayers. Pray that God would give us wisdom in planning. Pray for the right staff members to join our team. And pray that God would begin working in the hearts of the children who will come to Cave Quest!

We believe that God will use this incredible program to reach many children with the ultimate message of his love, so please prayerfully consider your role in Cave Quest VBS.

Watch for more information about this exciting ministry event in the Vine and on our soon to be launched website at www.vbsfun.ca or contact the office.





Peace Out!

Acadia Area Day Camp

(sponsored by McDougall United, Acadia Community Garden and Art Society,
Lutheran Church of our Saviour and, Strong Neighbourhoods Initiative)

Held at McDougall United Church

August 8-12 for Ages 6-12

9 am—4 pm (before and after available for an extra charge)

Cost: \$100

Bursaries are available based on need. Contact McDougall United Church
office.muc@shaw.ca or (403)252-1620 to apply.

Mornings include stories, crafts, games and music.

Afternoons include fieldtrips around Acadia,
including the Community Garden.

Lunch and snacks included.

Space Limited! Register Early



Watoto
RESCUE RAISE REBUILD

"OH,
WHAT
LOVE"
LIVE TOUR

PREPARE FOR **A NEW SOUND**

BY AFRICAN YOUTH LEADERS

www.watoto.com | Watoto Church at Work  [/watoto](https://www.facebook.com/watoto)  [@watoto](https://twitter.com/watoto)

Family Ministry Wind-Up

MAY 29TH after hot dog Sunday



RSVP by May 8th

Lloyds Recreation
'Your Roller Sports Entertainment Centre'
(403) 252-0146

We Care Kits Fundraiser

May 29th

All donations from hotdog Sunday will go towards supporting our We Care kits program including shipping.

Each kit costs \$5.00 to ship



Pastor Lee & Gretch at the work bee

Operation Eyesight

285 million people in the world suffer from blindness and low vision, while 80% of the cases can be avoided!

In developing countries, being visually impaired is not a disability, it's a death sentence – especially for the very young and old.

Blindness and poverty is a terrible combination. Operation Eyesight has its home base in Calgary and works to preserve eyesight throughout Africa and India. You can donate by phoning 403-283-6323 or 1-800-585-8265 or on line at www.operationeyesight.com



For All The World To See

TO KILL A MOCKINGBIRD

Movie Lovers night



Friday, May 13th at 7pm

RISEN

Joseph Fiennes



Friday, June 10th at 7pm

Shoebox Email

My dear friends:

We are so grateful for the gift you send for us , through the operation Christmas child. My daughter was lucky to get the box you send. She is Salome and is three years old now, my wife is Adama and I am David and am a pastor with the Assembly of God Church in Sierra Leone. You will not understand the joy you brought to our home with those precious gifts, thank you very much.

Salome developed tuberculosis disease when she was six months. It was a miracle that she lived. She still cannot talk but we are trusting God for her speech. Please pray for us. I am sending you her photo. Hope we can be friends . Tell everybody in your church and neighbourhood that we love you all and appreciate your love and sacrifice towards us hope to hear from you soon in Jesus name.

David, Adama and Salome

**Email received March 28, 2016*



For Mothers.....



Did you know that when a family arrives at the Brenda Stafford Centre fleeing domestic violence each family receives just one

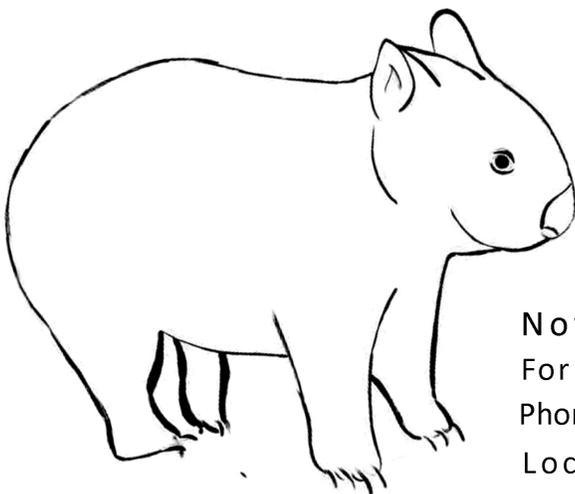
large bath towel for the whole family to share for a week at a time?

We are asking you to consider honouring your Mother by bringing one bath towel to church on Mother's Day, May 8th.



a new preschool is opening this fall

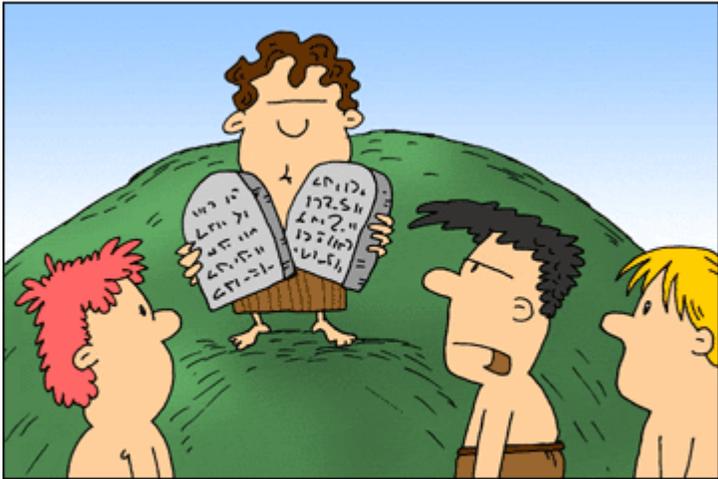
painter wombats
fine arts preschool INC



Now accepting registrations for 2016/2017
For more information or to register contact Shauna at
Phone: 403 9034277 email: hello@painterwombats.com
Located at 8831 Fairmount Drive SE Calgary AB

Small Groups

REVERENDFUN.COM COPYRIGHT BIBLE GATEWAY



Thanks to Michael Dowd (See Exodus 34) 11-05-2003

C'MON MOSES, CAN'T YOU JUST PLAY KING-OF-THE-HILL NORMAL?

Games Group meets 1st & 3rd Tuesday of each month—May 3rd and 17th

You are welcome to drop in at any time.
We accept new members year round.

We play Bridge, Mexican Train, Cribbage and a variety of other games and always are looking at learning more. Join us for a game or two and get to know us. We also enjoy celebrating life's big events of our members such birthdays, anniversaries and other life events.

We would also like to extend a warm "thank you" for those that help with set-up, take-down and snacks each week.



Movie Lovers will meet occasionally throughout the year. On May 13th we will be watching "To Kill A Mockingbird" and on June 10th we will be watching "Risen". The movies start at 7 pm with a brief discussion afterwards. Please bring your own snacks. Everyone is welcome.



Sunday Morning Drop-In Bible Study—10 am Sunday mornings. This weekly drop-in class is held between the services on Sunday mornings. We are presently studying the Book of Hebrews with Jens Kaack. Contact the office for more details.



Experiencing God—meets every Wednesday at 9:30 am at LCOS. This group of "mature" women always has an extra chair open to talk about faith, life, and God's Word over coffee. For more information, please contact the church office.



Fireside Group—meets twice a month on Mondays. This small group enjoys meeting to study, converse, celebrate and have something to nibble on. They look at a variety of topics, books, and videos to deepen their faith together. You're welcome to attend! For more information, please contact the church office.



Morning Glories—meets 2nd and 4th Thursday of every month at 10:00 am. This group of "mature" women always has an extra chair open to talk about faith, life, and God's Word over coffee. For more information, please contact the church office.



Today's Pilgrims—Today's Pilgrims will meet at 7:00 in the fireside room May 10th and 24th. We are discussing "Love to Pray" by Alvin Vandergrind. We are getting incite into all the different categories of prayer and what an enriched approach to prayer can do for spiritual growth. For more information please contact the church office.

Ushering

Thank you to everyone that ushers. Your willingness to serve is appreciated.

As ushering occurs 52 weeks out of the year, additional volunteers are always welcome.

If you would like to give it a try, please contact Ruth Peterson or the office.

If you are scheduled to usher and are unable to please contact Ruth so she may arrange replacements.

Blood Donor Clinic

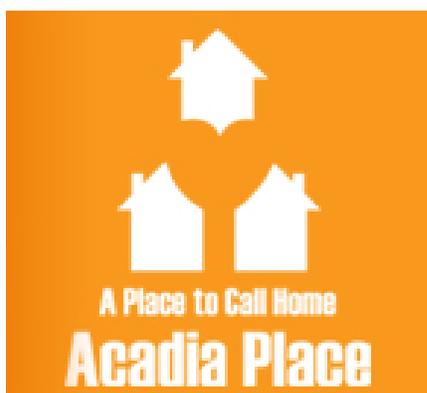
We will be hosting blood donor clinics for Canadian Blood Services on June 18th from 9 am until 2 pm. To register please go to: www.blood.ca.



Acadia Place

Acadia Place is having their annual spring clean up and garden planting day. It will take place Sat, May 7th (10 am - noon). If you would like to work along side the residences of Acadia Place please contact Pastor Lee.

In addition, Acadia Place is looking for 30 stacking chairs for their resource center. If you have 4 or 5 chairs (or more) that you are willing to donate please let Pastor Lee or the office know.



Helping Out Families

Have tickets to a family friendly event you can't go to? Consider giving them to Kids Up Front.

Tickets are given to families in need that would otherwise be unable to attend various cultural and sporting events throughout the City.

Contact Nicky
403-444-4246



Acadia Lunch Program

In conjunction with McDougall United Church we are supporting a brown bag style lunch program for children at Acadia School and David Thompson. Each week 700 children need an entire lunch or a supplement because they are coming to school hungry. A child may need help once or multiple times each week.

To be able to continue this program and to keep costs minimal there is a need for either cash donations (please direct to urgent care) and/or items such as brown paper bags (lunch size or a little bigger), plastic snack bags, plastic sandwich bags and 7 oz. plastic glasses (for the fruit and veggie cups).



In addition, each week we provide 20 – 24 healthy cookies. To date there have been a few people from the congregation baking cookies, but as we move to a weekly schedule we need additional bakers. We ask the cookies be healthy and please remember NO NUTS and NO PEANUT BUTTER. This would be a huge help. A sign-up sheet is available by the kitchen or online at: <https://www.volunteersignup.org/FYLAY>

We need a few weeks at the end of May and into June to still be signed up for cookies.

If you are interested in learning more, or supporting the program with time or financial support please contact Pastor Lee or the office.

Luther Reading Challenge—500 years in the making!



As we approach the 500th anniversary of the posting of the Ninety-Five Theses on October 31, 2017, Martin Luther is going to be a significant topic of conversation and debate. That is where the Luther Reading Challenge comes in. An assortment of the reformer's writings will be presented online for everyone to read and to reflect upon. The texts range from Luther's personal letters and hymns to his doctrinal and social treatises to his catechisms and his will. Each text is prefaced with an introduction to orient the reader. The reading part is just the beginning. Readers can also participate in online discussions. You simply have to register! The initiative is a joint venture of [The Lutheran World Federation](http://www.lutheranworld.org/) and the [Institute for Ecumenical Research in Strasbourg](http://www.strasbourg-institute.org/). Highly recommended!

Luther Reading Challenge: <http://www.lutherreadingchallenge.org/>

Lutheran World Federation: <http://www.lutheranworld.org/>

Institute for Ecumenical Research: <http://www.strasbourg-institute.org/>



A little of this and a little of that.....

Do you have a used cell phones that is in good working order?

The Brenda Stafford Centre can reactive phones with new numbers and turn them over to clients who have no other source of communication.

Donated phones should be wiped clean of personal information (deletion of contact names, photos, etc.); placed in a Zip-lock bag; with a 120 VAC wall charger included (since most of the clients don't have cars- a car charger is optional). The name of the cell phone and model should be indicated on the bag. If donors wish, they may include a Telus /Bell/ Fido Pay-as-you-go card to get the user started. This would be a good way to make good use of your old phones that are no longer on contract.

Donated phones can be deposited in the collection box located in the donation cupboard at the church east entrance, on the shelf near the eye-glass collection bin.



Do you travel frequently ?

Have you ever considered collecting the complimentary hygiene items in your hotel room for donation purposes? These travel size items may be perfect for many people in need—bring these and any other items to the church for donation and we will gladly find an appropriate place for them, whether it is the Mustard Seed downtown or the pregnancy care centre.



Time for New Glasses? The Lion's Eye bank can use your old glasses

Lions Eye Bank

The collection of eyeglasses is ongoing. The box is on the top shelf of the donation cupboard. Put your old glasses in a ZipLoc bag and they will provide someone with the wonderful gift of sight.



Do you need a In Memory/Sympathy Anniversary or Birthday Card?



The Gideons International has sent us a card rack with greeting cards for various occasions, including birthdays, sympathy,

anniversaries, and 'thinking of you.' These Gideon Expressions cards are a fundraising effort for the Gideons organization, which has for many years been involved in putting the Bible into the hands of those who otherwise might never have the opportunity.

To participate in this fundraiser, simply give a card from the selection of cards which are in the church foyer, donate according to the instructions given within the card (online, by phone, or by mail), and help change a life! As little as \$3.00 can place a Bible. Around the world, the Gideons are well known for their hotel bibles, but their primary efforts are actually geared toward sharing Scripture in schools, colleges, prisons, hospitals, and medical offices. So far, they have placed 1.9 billions Bibles around the world!!



CLWR: EMERGENCY: Ethiopia is experiencing its worst drought in 50 years

ETHIOPIA DROUGHT APPEAL

Without urgent help, millions of people are in danger of starvation



Your support is needed now to prevent hunger

It's a humanitarian crisis few have heard about in North America, yet it has been classified at the highest level of humanitarian emergency, along with the war in Syria. No rain has put more than 10 million people at risk for starvation in Ethiopia, and an estimated 400,000 children are at risk of developing severe acute malnutrition, which can lead to stunting, and physical and mental delays in development. Canadian Lutheran World Relief is working with trusted aid agencies on the ground to provide Ethiopian families with food now. Your support also helps provide the supplies and infrastructure they need to produce food when the rains do come. Please donate today to provide food and livelihood supports for those affected by hunger: <http://clwr.donorshops.com/product/F669712/ethiopiadroughtappeal.php>



The ELCIC REFORMATION CHALLENGE

 <p>Refugees Sponsored</p> <p>GOAL: 500</p> <p style="font-size: 2em;">108</p>	 <p>ELCJHL Schools</p> <p>GOAL: 500</p> <p style="font-size: 2em;">17 Scholarships</p>
 <p>Trees Planted</p> <p>GOAL: 500,000</p> <p style="font-size: 2em;">16,574</p>	 <p>LWF Endowment Fund</p> <p>GOAL: \$500,000</p> <p style="font-size: 2em;">\$114,484</p>

As of March 30, 2016.

LCOS Update

Refugee Update. We are expecting our refugee family soon. We are looking for people who would be willing to serve in a variety of areas of support for the family. Please contact Garry Mihaichuk 403-217-0081 or Jaqui Anderson 403-453-4071 if you are willing to help in any of the following key areas: housing, basic start up food kit, education, employment, medical, dental, shopping, transportation, outings, financial and faith support, technology and phones, family issues, support services, current contact information and planning airport arrival.

We Care Kits Fundraiser is happening on May 29th to help pay for shipping. In addition, we will finishing up baby kits early in May and beginning collection of items for personal care kits for the next several months. Please see the opposite page for a list of items.

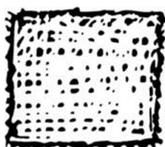
WE CARE KITS

for Canadian Lutheran World Relief

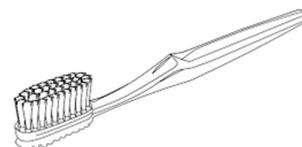
PERSONAL KITS (MAY/JUNE) ITEMS NEEDED:



bars of soap



washcloths



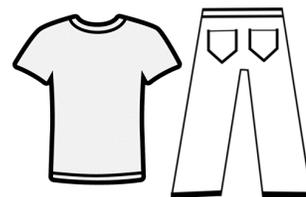
toothbrushes



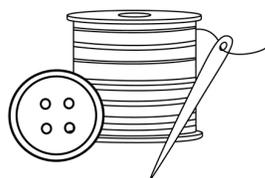
nail clipper &
Emery board



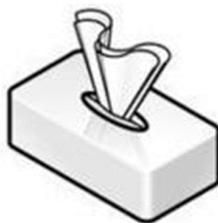
toothpaste



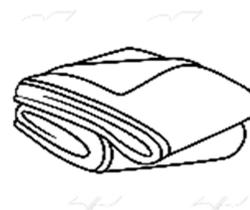
Set of clothing



sewing pack



disposable tissues



hand towels

- * toothbrushes need to be new and wrapped
- ** toothpaste expiration date no earlier than one year before
- *** sewing pack includes thread, needles and buttons
- **** set of clothing is a top & bottom or a dress

English Conversation Classes

Thank you to everyone that attended the English Language training session on April 9th. We are continuing to make additional plans for a fall launch of classes. If you are interested in learning more about helping out please contact Katharine in the office.

In the fall, there will also be an opportunity to take a 30-hour training program, "Reaching Out with English." This program offers practical instruction for teaching conversational English to adults in your church or community if you are interested in diving deeper into the topic. We also will be making Intercultural Communication workshops available to understand and appreciate people from different cultures and develop more effective ways of communicating with them.



ENGLISH AS A SECOND LANGUAGE

Let's walk together with newcomers to Canada!

Heroes

Every week in the church people are working quietly in the background. They are caring for the world in their own way. Often in the office, I receive a request to thank someone publicly for a particular action but to do that would often take away from what the person was trying to accomplish and we would surely miss so many others. So, in honor of all the every day heroes out there, I have reprinted the lyrics to "Heroes" by Casting Crown. You may not see yourself in the words but with out a doubt someone else surely does see you.

In Him,
Katharine Heimbigner-Tenor

*She's on her own, two girls at home
Thirteen years just up and walked away
And left her all alone
With bills to pay and mouths to feed
And every day she's taking care of everybody else's needs*

*But she's finding her strength in the One love that won't ever
leave her
So she works and she prays and she loves and she stays
cause they need her*

*These are the heroes, just ordinary people
Laying down their lives like angels in disguise
They're weak but always willing
They dare to do the hard things
And in the dark and desperate places no one else goes
You'll find the heroes
You'll find the heroes*

*He walks the halls, against the flow
He sees his high school as his mission field*

*He's broken cause he knows
The hopeless road that they are taking
The empty feelings they are chasing only lead to futures wast-
ed
So he's willing to stand alone*

*He lives what he believes when they all say its not worth
believing
Every night on his knees, he prays God, wont You please help
me reach them?*

*You may never know their names
But they're moving mountains just the same
Instead of searching for the spotlight
They'll follow Jesus into the darkest night*

Heroes, these are the heroes

*In the board room with a Bible
In the classroom praying for revival
In third world countries, in downtown missions*

Guiding Mission—Community Organizing

The Guiding Mission team and LCOS has joined The Metro Alliance for Common Good with the goal of working with interested Calgarians to address various social issues. Everyone interested may participate in the sessions below.



**Metro Alliance for the Common Good -
MACG**

Contact Darren Tenor, Joe Schulz or Katharine Heimbigner-Tenor for more information.

The Metro Alliance for Common Good (MACG) is a broad based organization made up of individuals and organizations committed to bringing together interested Calgarians from business, faith communities, organized labour and the social sector to harness our shared interest and power to address the issues we face in Calgary. We are facing unprecedented challenges as a city. While as individuals groups we might have a little bit of power to make our community better, together we can create a chorus that can't be ignored.

COMMUNITY ORGANIZING

Listening Campaign - Taking Action on Issues That Matter

A key element of the organizing process is listening carefully to our members about the issues that matter to them. We then base our action on this listening. We invite you to join us in our listening campaign. During this campaign we will identify issues we can address together while building the relationships and leaders who will enable us to take on these issues. The next listening campaign event is:

Listening To Your Organization: "House Meetings"

Date: Monday, May 2, 7:00 to 8:30 pm

Location: Beth Tzedec Synagogue, 1325 Glenmore Trail SW

Purpose: This second gathering of MACG's listening process will focus on teaching the skills for conducting "House Meetings" (small group listening sessions). House meetings can be powerful tools that enable organizations to hear the issues its members are facing, identify new leaders and build momentum to act. During this event we will also begin to hear some of the responses from the listening that has been done to date.

Strengthening Organizations and Communities

Another key element of community organizing is the strengthening of our member organizations and communities. Towards this end we offer leadership development opportunities to teach leaders how they can use community organizing strategies in their community. The first of these specialized training sessions will be held April 30.

Community Organizing for Congregational Renewal

Learn how starting with conversations that matter can lead to ministry that works and meetings that will leave people energized. This one-day workshop looks at how the basic tools of community organizing can energize and facilitate the renewal efforts happening in many congregations. We'll talk about building relationships with neighbors, raising up new leadership, and even how to have meetings that leave your people energized!

Date: April 30, 9:30 am to 3 pm

Location: Knox United Church, 506 - 4 Street SW, Calgary, Alberta

Cost: \$50. Free for MACG members (and LCOS members)

Registration: info@calgarycommongood.org

<https://www.eventbrite.ca/e/community-organizing-for-congregational-renewal-tickets-22473030439>

Please register by April 26.

May is Mental Health Month

Mental Health Month was created over 50 years ago to raise awareness about mental health conditions and the importance of mental wellness for all.

We all have mental health, just as we all have physical health. Mental health is more than the absence of mental illness. It's a state of well-being.



During the month of May we encourage you to:

- Reflect on your own attitudes towards people living with mental health issues. Reducing discrimination and stigma is paramount, so that people with mental health issues no longer feel shame due to mental illness and will no longer think twice about getting the support and help they need.
- Be that friend who opens up the conversation. You can start by simply asking "How are you, really?" Offer to listen without judgment. And offer to do what you can to help.
- Learn more about Mental Health.

Breakfast at the Seed One Saturday a month at 6 am

If you are sixteen years of age and older, and have some time on a Saturday morning, why not come out to help prep and serve breakfast for approximately 325 – 375 residents of the Mustard Seed at the Foothills Industrial Park Shelter? 6 to 8 volunteers are needed.



We meet to cook and serve a hearty breakfast (typically eggs, sausages, hash browns, toast and coffee) to those in our community who are less fortunate. Although it is an early Saturday morning, we receive great fellowship and a strong feeling of accomplishment. Questions? Contact Ken Farn.

Our next few dates are April 2nd, and May 7th.

Sandwich Sunday

Simply get a loaf of bread and make sandwiches to be placed back in the bread bag. They can be any kind, ham, cheese, lettuce, mustard—whatever you would like. Bring the bag of sandwiches to the church on the second Sunday of the month and place them in one of the fridges in the Kitchen. They are then taken down to the Calgary Drop-in Centre by a member of our congregation. The Calgary Drop-in Centre is grateful to receive the sandwiches. We can make a difference!



ELCIC Women of Faith Fund—Do you have a project?

The ELCIC Women of Faith Fund provides annual grants that encourage and facilitate the Christ-centred ministry of women within the ELCIC and *In Mission for Others*.

This fund was established in 2011 in recognition of the “significant contribution of the women of the Evangelical Lutheran Women (ELW) of the Evangelical Lutheran Church in Canada (ELCIC)”.

The initial contributions to the fund came from the residual amount remaining after the dissolution of the ELW. Individuals or groups may continue to make additional donations to the fund.

Grants for the ELCIC Women of Faith Fund will be available on an annual basis. **The annual deadline for applications is MAY 1.** Applicants must submit their proposals for review and consideration by an advisory committee appointed by National Church Council. If you have a project in mind please contact the church office for assistance and approval of the grant request.



Examples of ELCIC Women of Faith Funds Approved in previous years.

- Prayer Shawl Ministry, SK - \$1,500
- Mustard Seed Family Support, BC - \$9,800
- Happy Hearts Quilters, SK - \$2,000
- Lutheran Women’s Retreat & Spring Connection – SK - \$1,500
- Adopt a Room - Hope House Loft Retreat Area, MNO - \$2,000
 - Peer Partner Programme, ABT - \$3,000
- If You Plant A Seed - Putting An Idea Into Action, Eastern - \$5,000
 - East-West Community Outreach, Eastern - \$7,690
- Women in Leadership - Cameroon Companions, MNO - \$5,000

Are you a woman of faith? Would you serve?

Dear Women of the ELCIC:

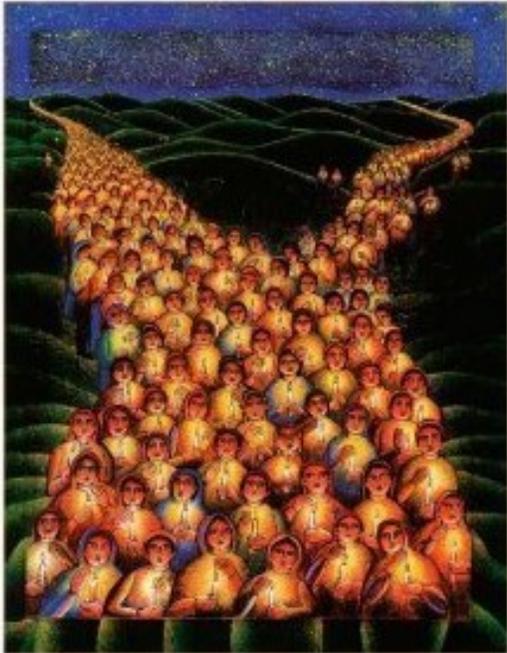
My term as the ABT representative on the Women of Faith Fund Committee is up this year. We will be deciding on grants this year in early May and at that time need to select replacements for reps. This would be a 2 year term, likely for 4 if possible as at that time the monies are expected to be exhausted. It involves one conference call a year with reps from other synods and reading of some 8 to 10 emails a year. The national office collects all the information and sends it out to the reps who peruse the information, make some personal choices, and then make decisions as a group as to allocation of grants.

Contact mnolson@shaw.ca if you are interested.



Message for Congregations

PRACTICING OUR FAITH SECOND EDITION



DOROTHY C. BASS

Dear Sisters and Brothers in Christ –

Throughout 2016 I invite you to reflect with me on the theme of “Practicing Our Faith” as you gather for church council, adult study, youth group, coffee group, choir rehearsal and are engaged in learning, discernment and reflection together. Dorothy Bass has edited an excellent resource published several years ago by Jossey-Bass, *Practicing Our Faith*, which I will be using as a primary resource. Together with Don Richter, Dorothy Bass has also edited a second book, *Way to Live: Christian Practices for Teens*, published by Upper Room Books, which is also an excellent resource. Each article will include a Scripture reference, thematic reflection, questions for consideration, and a prayer.



+++++

*It is not you that sings, it is the church that is singing,
and you, as a member...may share in its song.
Thus all singing together that is right must serve to widen our spiritual
horizon,
make us see our little company as a member of the great Christian
church on earth,
and help us willingly and gladly to join our singing,
be it feeble or good, to the song of the church.*

Dietrich Bonhoeffer, *Life Together*

Singing Our Lives – Part 1

Our four children, then quite young, learned to sing a set of ritual songs. First, they would gather in a circle and teach one another, clapping and singing. Then one of them might suggest using a skipping rope and they would, one after another, slip inside the whirling rope for a few dancing steps before darting away. Then one would suggest a band and instruments would be created: plastic pails serving as a drum set, a broom becoming an electric guitar, a large cardboard box transforming into an amazing keyboard.

That dancing, singing, shared music making image has come back to me many times as I have thought of matters of worship. That circle of song and movement, with its delight and physical energy, its formal, ritual character marked by surprising improvisation, remains for me an image of vitality and delight. This is but one reminder of the truth that human beings have always sung at play and at work, on festive and solemn occasions, in joy and in grief.

The act of singing together is deeply and indelibly human. When we sing, words are given greater range and power than when we speak. Something is shared in singing that goes beyond the words alone. This something has taken shape over many centuries in a practice that expresses our deepest yearning and priceless joy: the practice of singing our lives.

There is something about us that needs to make music, something that insists on song. It is not surprising then that music and song are so closely linked with the praise of divinity. As Saint Augustine observed long ago, whoever sings “prayers twice,” in music as well as text. From its very origin, the Christian community sang. In the New Testament, Paul’s letters are punctuated by doxologies, hymn fragments, and references to the practice of singing in worshipping assemblies. In writing to the church at Colossae, he joins singing to teaching and admonition, wisdom and the Word (Colossians 3:16).

The Christian church was born singing the songs of ancient Israel, the synagogue, and the Greco-Roman world. Psalms and canticles formed the heart of prayer and the music of the earliest Christian assemblies. Luke's Gospel barely gets through the second chapter without bursting into song four times: Mary sings that her soul magnifies the Lord, Zechariah sings blessing to the Lord of Israel, the angels sing "Glory to God in the highest," and Simeon sings a farewell song of peace. Each of these songs became regular parts of Christian daily prayers within the first two centuries. Saint Augustine, writing in the fourth century, could observe: "Apart from those moments when the scriptures are being read or a sermon is preached, when the bishop is praying aloud or the deacon is speaking the intention of the litany of community prayers, is there any time when the faithful assembled are not singing?"

We continue to sing these songs from Luke's Gospel, as well as many other songs both ancient and new. We continue to sing not alone, but in union with the whole creation and with our sisters and brothers through the ages. The gathering of a community of faith to sing praises to God seems such a simple act, and it has been going on for over two millennia. But we should not take this practice for granted. It needs to be learned and nurtured and taught.

Read and Reflect: Colossians 3:16

Discuss and Reflect:

What in this reading leads you to say, "I wonder about..." or, "I noticed..."

Consider sharing (and singing) a song from childhood that is part of your faith tradition. What is the most powerful memory the song evokes? What does it say about the faith of your childhood? Are there connections to the faith of your adulthood?

Reflect on the various ways in which music is sung in worship.

Comment on the following: *"The gathering of a community of faith to sing praises to God seems such a simple act, and it has been going on for over two millennia. But we should not take this practice for granted. It needs to be learned and nurtured and taught."*

Pray together: *Maker of creation's choir, you sing the Song of Love to us. Breathe your Spirit into our singing until the rhythm of your mercy shapes all our music-making and we join with one another to give you thanks and praise.*

Amen. (Susan Briehl)

The God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit (Romans 15:13).

In Christ Jesus –

Shalom,

The Rev. Dr. Larry Kochendorfer, Bishop

Synod of Alberta and the Territories

Evangelical Lutheran Church in Canada

Spirit -Led Leadership - Hope-Filled Discipleship

-Innovative Tradition - Collaborative Partnerships



Flower Chart

The 2016 flower chart is on the Worship Bulletin board by Pastor Lee's office.

If you would like to place flowers on the altar in memory, celebration, or just because, please write your name on the Sunday you choose. Contact the church office with any questions.



Get on PAR (Pre-Authorized Remittance) at LCOS

Did you know that you may give to LCOS via pre-authorized remittance one time per month from your bank or credit union chequing account? This program is like any other pre-authorized debit program and is called the PAR (Pre-Authorized Remittance) program. Debits will be drawn from accounts on the 20th of each month. Whenever the 20th falls on a weekend or holiday, the debits will be drawn on the first business day following the 20th. Donations via the PAR program will be recorded on quarterly statements and year-end tax receipts along with all other giving.

Amounts from PAR can be directed to:

- 1) The LCOS general budget
- 2) Canadian Lutheran World Relief (CLWR)
- 3) Capital Maintenance

You can give additional amounts and to other purposes via your regular donation envelopes.

The minimum amount to give via this program is a total of \$50.00 per month.

You can sign up, make banking or donation amount changes, or withdraw from the program at any time. These changes will be effective the month following the submission of the change. Forms are available to process these changes. The program is administered by the Financial Secretary. Authorization forms are available in the Place of Welcome.

PAR: If you give by the Pre-Authorized Remittance (PAR) Program and you have made a change to your pledge amount for 2016 (as compared to 2015), you will need to complete a PAR Amount Change form and submit to the Financial Secretary via church mailbox # 91. If the form is submitted by February 01, 2016 the amount will be effective for the February 20, 2016 withdrawal.

Internet e-transfers are also available!

To make a one time or recurring email transfer simply send donations to donate@oursaviourchurch.ca. Please include either your envelope number or your name and address in the email so that we can give you a proper receipt at the year's end.

Mortgage Reduction Offering Change

As the church mortgage is now paid off, any offerings given in the Mortgage Reduction Offering envelope dated May 01, 2016 in your set of envelopes will go towards Capital Maintenance. This will be designated to build a fund for future capital expenditures that will be required by the church.



BEGINNING MAY 22ND

**WE WILL BE GOING
TO ONE SERVICE ONLY**

SUNDAYS AT 10AM

Financial Report

	YTD - 2016	YTD - 2015
Budgeted Giving	\$84,783.40	\$95,754.65
Designated Giving	\$13,314.25	\$14,573.86
Non-Receiptable / Credit	\$450.00	\$826.28
Other Income	\$4,134.37	\$3,438.85
TOTAL	\$102,682.02	\$114,593.64
Average Weekly Budget Offering	\$6,521.80	\$7,365.74
Average Weekly Budget Required	\$7,115.00	\$7,193.00
PAR Giving (included in above total)	\$14,378.00	\$16,140.00
Number of envelopes issued	169	165
Number of envelopes unused	32	23
Number of pledges (budget)	78	79
Number on or over pledge (budget)	52	50
Number under pledge (budget)	26	29
Average Weekly Attendance	189	181

Comments:

Year to date budgeted giving for 2016 is 11.46% lower than 2015.

Designated Giving for 2016 includes:

CLWR (\$1,280.00)
 Urgent Care (\$2,280.00)
 Coldest Night of the Year (\$1,129.25)
 Grant: Alberta Synod: ESL Program (\$2,800.00)
 Capital Ministry-Ark Mural (\$4,725.00)

Designated Giving for 2015 includes:

CLWR (\$1,140.00)
 CLWR: Give Life Project (\$1,270.00)
 Urgent Care (\$2,000.00)
 Memorial Fund (\$7,098.86)
 Jack Beck Ticket Sales (\$1,190.00)

Good Friday and Easter Sunday - in April for 2015 and in March for 2016

Cliff Blumhagen
 Financial Secretary

All Are Welcome

مرحباً بكم

Maliḡayang pagdating

Chào mừng

स्वागतम्



MAY 26, 11-2

SENIORS' LUNCH

AND

RESOURCE FAIR

A time for Acadia and Area Seniors to connect

Come enjoy a free lunch (Chicken Pot Pie!), make connections with other Seniors, and see what services are available in the area.



**Acadia
Networking Group**

HELD AT
**McDougall
United Church**
8516 Athabasca
St. S.E.

Please Register
by May 19th

Free Rides
Available
(call to book)

403-252-1620
Office.muc@shaw.ca

A collection of local schools, churches, residents and community groups committed to work towards inclusive and supportive neighbourhoods.

Outreach Service for Adults 55+

The term **outreach** applies to services that aim to improve accessibility to services and supports for older adults.

The mission of outreach is to enhance the quality of life of older adults in need by providing direct service, information and support in partnership with the community.

Outreach workers offer services in the Calgary 50 + Centres, in the community and in the older adult's home.



Services provided:

- assistance with the completion of forms for:
 - government benefits
 - transportation
 - housing subsidies
- advocacy
- individual and group supportive counselling
- educational speakers and workshops
- assessment
- information and referrals

South Outreach

Provided by Jewish Family Service Calgary

Intake and information:
403-287-3510

email: seniorsoutreach@jfsc.org

Bow Cliff Office
608 Poplar Rd. S.W.
Calgary, Alberta T3C 2Z7
403-240-2213

Jewish Family Service Office
420, 5920 1A St. S.W.
Calgary, Alberta T2H 0G3
403-287-3510

Ogden Office
2102 69th Ave. S.E.
Calgary, Alberta T2C 3Y4
403-279-2030



THE CITY OF
CALGARY



CALGARY AGING IN PLACE CO-OPERATIVE CONCEPT

"Grow old along with me! The best is yet to be." Robert Browning (1812-1889)

In a Co-operative the seniors that are members are the owners, they decide what the Co-operative does.

The mission of the Cooperative is to allow for seniors to stay at home and be supported as they age. The first leg of this project is to find services that support our members by providing services such as house cleaning, handy persons, snow removal, lawn care, etc. The concept being as a member you get to help determine what those services will be as we grow.

We are also looking for existing service providers in your community, if you know of anyone who owns their own business and offering any of these services, please do encourage them to also come out and meet with us. All service providers will be required to complete a Criminal and Vulnerable Sector Check with Calgary Police Services.

We are looking at other opportunities to continue support of the live at home option for seniors in our communities, such as a secondary suite in your existing home. Suites would be managed by our Co-operative in consultation with the home owner.

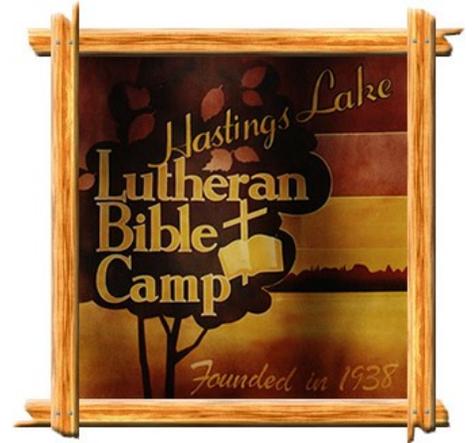
Please join us at one of our membership drives in your community to hear more about this concept.
Contact us by: Phone 403-630-1427 or Email: calgaryaginginplace@gmail.com for more information.

Website: www.calgaryaginginplace.ca (under development)

You can also talk to LCOS member Alice Rodier: cerear@telusplanet.net, (403) 252-0087

Making Summer Plans?

What is summer camp all about? Marg Daly, Director of the Mulhurst Lutheran Camp had this to say about the benefits of a camp experience, "I have been involved with Mulhurst Camp for over 4 years and know the life changing aspects of camp first hand from stories of staff to those of campers. Camp also provides a great learning opportunity and leadership development for our volunteers and staff as they develop their skills in a positive environment. But, really camp is faith based fun and we all need more of that!"



Camp is about real relationships with:

God: Rekindle your faith with devotions at campfire, morning worship, Bible study, and faith based activities

Nature: Take a walk, go canoeing on the lake, listen to birds, try outdoor cooking, or sleep outdoors under stars you can see!

Camp Staff: Our staff members serve as excellent role models and friends to campers of all ages. Be inspired by their levels of energy and passion for creativity and faith.

Fellow Campers: Find some new friends with similar interests to yours. Many stay in touch during the year and over many years.

Yourself: Try new things, learn new facts, find your creative side, ponder life, build your muscles, and learn to see God at work in your life.

Contact Hastings Lake Bible Camp at www.hastingslake.com or call the Camp at 780-662-2557



Mulhurst Lutheran Camp programs include children's camp (grade 3-6), family camps (all ages), youth camp (grade 7 to 12), MADD Camp (music, art, drama), mini camp (age 7 to 10), single family camp and youth adventure camp. This year's theme is "Glow". Facilities include a main lodge, heated cabins, sauna, dining shelter, chapel, playing fields, camping sites (with and without power) and an outpost/orienteering area.



Kuriakos at Sylvan Lake Bible Camp.

Kuriakos is a year-round camping and outdoor education centre, specializing in summer camps and school programs for all ages. Camps include kids camps for ages 6 to 9, ages 8 to 11, ages 10 to 14, ages 11 to 16, ages 12 to 14, ages 13 to 18, ages 14 to 18, soccer camp, dance camp and MADD camp. They also have family camps, senior camps, and men's and women's retreats.

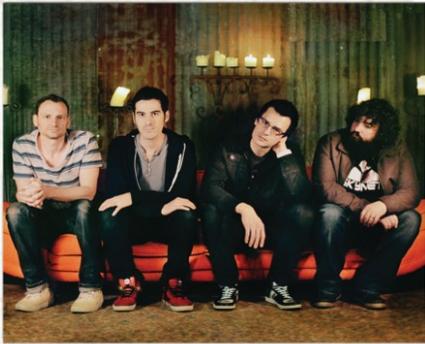


Where God's Grace Runs Free

Wilderness Ranch—Where God's Grace Runs Free

Wilderness Ranch mission is to provide in a wilderness setting a program of education and fellowship where faith and trust in Jesus Christ is integrated into everyday living. Programs take place in two locations and include trailblazers (age 9 to 12), pioneers (age 12 and up), outriders, scouts and sky riders (age 14 and up), adult retreats (over 18) and family camps (all ages).

No Greater Love Music Festival—August 13 & 14



The Digital Age

On the weekend of August 13th & 14th, 2016, [No Greater Love](#) will take place on the Stoney Nakoda Nation at the foot of the Rocky Mountains west of Calgary - a location that truly offers one of the most spectacular backdrops in North America.

This outdoor festival will be a world-class musical celebration of God's unfailing love - showcasing an amazing lineup of top International and Canadian Christian Artists. The vision is to unite the full spectrum of the Christian community through the universal language of music - an experience that promises to have much more lasting impact than simply a 2 day concert in a field! It is our prayer that this festival will encourage all those who attend that we too are capable of "great love" - demonstrating God's unfailing love, to each other and to the community.

www.nogreaterlove.ca for all the latest Festival info and announcements. Early bird tickets on sale until May 20th at a cost of \$135.00 for the weekend (one day passes also available). Camping and RV sites are also available. Some of the lineup is pictured here.



Switchfoot



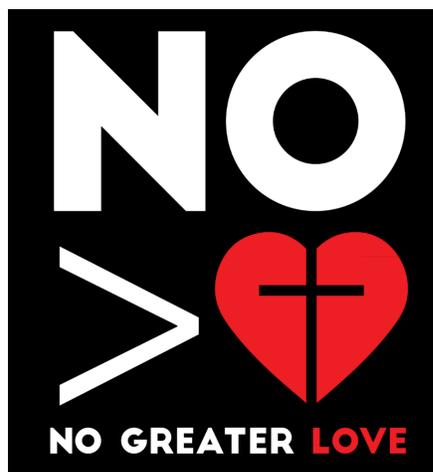
Sanctus Real



7EVEN THIMEDOWN



Dan Bremnes



The Union of Sinners and Saints



Experience teaches:

- jaws are not meant to be broken... Aaron broke his skiing at the end of last year, and then gave our blender a serious workout over the next six weeks! Thanks to God's goodness and an amazing team of doctors, it seems to be as good as new. Just a bit more 'experienced'! ;-)



Generator conundrum:

We have a generator in the Solomons to help out when town ('mains') power gets cut. We need to run our generator at 1500 rpm to get 220 V / 50 Hz output power (we're just like Australia). However, if it's running at 1500 rpm under load, then when mains power comes back on and the auto-switch takes the load off the generator it usually results in an 'over-speed' shutdown. We're safe to run at ~1380 rpm / 46 Hz (in terms of no over-speed shutdown), but our uninterruptible power supplies (UPS) aren't happy with such 'dirty' power so they run on battery (that is, as if there was no generator) until they die. And if mains power isn't back on by the time the UPS battery dies, whatever it was powering also dies... So if any of you diesel mechanics out there

Last time we wrote, Paul had just gotten back from a **four week trip to the Solomons**. Well, it's a different year and a different month, but much the same story! Paul was gone to the Solomons for four weeks during the months of February and March. His main aim was to continue checking the Doku translation of the book of Genesis, but there were other things to keep him busy while there. There always are!

His time there began with our translation group's **biennial conference**. Every two years the members of the Solomon Islands Translation Advisory Group (SITAG) get together to hear how things have been going with our colleagues, get a sense of where we're going together, take care of business, and pray and encourage one another. We also had a pastor from the States with us who took us through various 'encounters with Jesus' found in the Gospels. It was good to be reminded that Jesus wants to meet with us, and also that we have decisions to make that affect how those meetings go.

After our conference, Paul was able to **work with Fr. John Peter Varea on his translation of Genesis**. We're pleased to say we made it past the half-way mark—we finished checking to the end of chapter 27! If it was Matthew's gospel, we'd almost be done (in fact, we would have worked extra just to finish!). But since this is Genesis we have another 22 chapters to go. It's a big book... And part of its 'bigness' is that it is so foundational to every book that follows.

Last time we mentioned a few **'figures of speech'** that made their way into the translation of Genesis. Here are a few more we're going to test:

- *igha thaghe* 'foreigner; lit. outside fish, a fish not normally found on the reef' ("This fellow came here as a foreigner, and now he wants to play the judge!" [Gn. 19:9])
- *ponoti kuli* 'compensation; lit. close ears, make it so that the story is not spread' (And he said to Sarah, "Look, I am giving your 'brother' 1,000 pieces of silver in the presence of all these witnesses. This is to compensate you for any wrong I may have done to you. This will settle any claim against me, and your reputation is cleared." [Gn. 20:16])
- *vangalaka* 'love; show kindness; be generous, friendly; bless; lit. more food / eat more [*vanga* is both a noun ('food') and a verb ('eat')]' It has been a challenge to find a generic term for 'bless'. The best we have found so far is this word, which, in a culture where feasting and generosity are high values, makes some sense. The question is whether this has a broad enough range of meaning to account for things like, "In your seed all the nations of the earth will be blessed" (Gn. 22:18).

Along with the translation work, there were other things to do, such as configuring routers on our network, solving computer issues for colleagues, working on our generator. [On that note, if anyone out there knows diesel engine generators—especially governors—we'd love to hear from you! (see details in side bar)]

On Paul's next to last day in the Solomons he was able to meet with most of the Doku translators. It was good for them to hear where each other are at, what they're working on, and how they plan to **engage the**

have a solution / suggestion, we'd be happy to hear from you!!



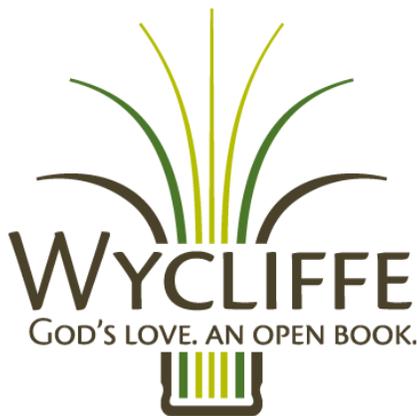
Housing conundrum:

A number of you have asked about our housing situation. We wish we had more to tell you; we are thankful for the house we have been renting which is within walking distance to the kids' school, but we still hope to find something affordable that we could "own" and actually decide to rip out old carpets if we wanted!



Please pray with us:

- for effective 'community reviews'
- for the Doku translators as they continue drafting and improving the translation
- for Hannah as she finishes her high school career and gets ready for university



wider language community in reviewing the drafts that we have checked to the 'second draft' stage. This is an important step in finding out how well (or not...) the translation is communicating to the people who will use it. The translator usually knows what he or she *meant* to say, but sometimes the hearer / reader doesn't. Our hope is that Doku people will have the courage to speak up if something isn't clear, so that we can work to improve it. The reality often is, however, that people are so excited to hear something even *remotely close* to 'good'—anything in their language at all, in fact—that they don't think it could possibly be any better! It's even trickier if it's the first time they have heard the translation—we've seen the satisfied smiles and heard the thrilled laughter, and it is heart-warming; but even better at this stage would be someone who would say, "That's nice, but..." We need critics; gentle would be nice, brave would be good, thorough would be best.

Life at home continues at a fever pace! Hannah is just a few months from high school graduation! She thankfully survived the daunting university application process and was accepted to Trinity Western with a President's Scholarship! We're proud of her for that. Isaac spends his free time writing computer 'code' on his Raspberry Pi (an inexpensive credit-card sized computer to introduce kids to computer programming) Nathan and Aaron are just finishing up their basketball seasons; their teams didn't win too many games, but they worked hard and had a lot of fun! And Rachael stays busy playing with her friends and creating mountains of art work!! Cathy has been busy driving to all the above mentioned basketball games, but has been able to type up a number of handwritten first drafts we have received recently. She's currently working through 1 & 2 Corinthians.

Well, **spring is in the air** here in Salmon Arm. The hockey and ski seasons are winding down and it's time to get the bikes ready for summer! That includes Paul's motorcycle. He's getting closer to getting it back together after a winter 'custoration' (customization and restoration). Rachael asked for a ride last week, so the heat is on!

We trust you enjoyed the celebration of Easter that just passed. We had a wonderful sermon Easter Sunday on Christ's resurrection which is the foundation and hope of all that we believe—a belief that shows life is eternal and death the temporary intruder.

In the life that He gives,

Paul & Cathy

Paul & Cathy Unger, 1960 2 Ave NE, Salmon Arm, BC V1E 1M3, Canada
e-mail: paul-cathy_unger@sil.org

Wycliffe Bible Translators Canada, 4316 10 St NE, Calgary, AB T2E 6K3, Canada
ph: (403) 250-5411; e-mail: info@wycliffe.ca; website: www.wycliffe.ca

Wycliffe Bible Translators USA, PO Box 628200, Orlando, FL 32862-8200, USA
website: www.wycliffe.org

May 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9:00 & 11:00 Worship Service 10:00 Young Explorers The Experiment Adult Bible Study 6:30 Discipleship	2 1:00 Memory Plus Alzheimer support group 7:00 Al-anon Information	3 1:00 Games Group 7:00 Yoga	4 9:30 Experiencing God 9:30 MOPS Steering 11:00 Acadia Lunch Program 7:00 Al-anon 7:30 Choir 8:30 11 am Praise Team	5 7:00 The Experiment	6	7 6:00 am Breakfast at the Seed
8 Mother's Day Brenda Strafford Towel Fundraiser Sandwich Sunday 9:00 & 11:00 Worship Service 10:00 Adult Bible Study Family Ministry Craft	9 1:00 Memory Plus Alzheimer support group 7:00 Fireside Group	10 7:00 Yoga 7:00 Today's Pilgrims	11 9:30 Experiencing God 9:30 MOPS 11:00 Acadia Lunch Program 7:00 Al-anon	12 7:00 The Experiment	13 7:00 Movie Lovers— "To Kill a Mocking- bird"	14 6:30 Family Movie Night: - "Disney Nature—Bears"
15 9:00 & 11:00 Worship Service 10:00 Adult Bible Study Young Explorers The Experiment	16 1:00 Memory Plus Alzheimer support group	17 1:00 Games Group 7:00 Yoga	18 9:30 Experiencing God 11:00 Acadia Lunch Program 7:00 Al-anon	19 7:00 The Experiment 7:15 Flock Care	20	21
22 10:00 Worship Service 10:00 Affirmation of Baptism Note: Change to One Service	23 Victoria Day— Office Closed	24 7:00 Today's Pilgrims 7:00 Church Board 7:00 Yoga	25 9:30 Experiencing God 9:30 MOPs 11:00 Acadia Lunch Program 7:00 Al-anon	26	27	28
29 10:00 Worship Service Noon: Hotdog Sunday 1:00 Family Ministry Wind-up (RSVP by May 8th)	30 1:00 Memory Plus Alzheimer support group 7:00 Fireside Group	31 7:00 Yoga	Upcoming Events: June 10th—Movie Lovers—"Risen" June 12th—Father's Day June 16-18—Synod Convention June 18—Canadian Blood Services Clinic July 17—LCOS Stampede Breakfast August 8-12—Acadia Peace Camp at McDougall August 13-14—No Greater Love Music Concert in Morley August 22—26—LCOS Vacation Bible School Christian Summer Camps run all summer long—check them out!			